

Special Days in September

Cherry Popover Day September 1
Labor Day September 4
Grandparents' Day September 10
Rosh Hashanah September 15-17
First Day of Autumn September 23
Yom Kippur September 24-25
Full Harvest Moon September 29

Bird of the Month – Hawk

Hawks are a variety of majestic, small-to-medium-sized birds of prey, or raptors, including true hawks, goshawks, and sparrow hawks. These fast-flying, carnivorous birds are expert hunters and eat small mammals, like mice, reptiles, insects, and smaller birds. They stealthily follow their prey until they can grab hold using their talons. Hawks are found on every continent except Antarctica. They usually build nests in trees, but some make their homes on the ground or on cliffs. Hawks typically mate for life and return to the same breeding grounds year after year. They lay one to six brown-spotted eggs at a time. Incubation lasts several weeks, followed by a short childhood. They grow to adult size in a matter of months. Unlike most animal species, female hawks are larger than the males. Hawks are protected by laws that aim to prevent people from catching or killing them.



September 2023 Calendar

Featured Events

Sep 1 - Entertainment by Duke Ladd
Sep 5 - Butterbean Auction
Sep 7 - Men's Group Lunch
Sep 7 - Food Committee
Sep 8 - Entertainment by Gil Bowen
Sep 11 - NC Aquarium Live and Interactive Program~Fantastic Fish
Sep 12 - 4 Seasons Luncheon with Scotti Stringz
Sep 15 - Paws4People Puppy Visit & Crumbl Cookies!
Sep 18 - Resident Council
Sep 19 - Restuarant Outing- Smoke on the Water
Sep 19 - Hearing Aid Cleaning
Sep 21 - Aloha
Sep 21 - Cooking with Tori!
Sep 22 - Entertainment by Allan Nicosia
Sep 25 - Wine and Cheese Social
Sep 28 - Registering to vote in NC
Sep 29 - Birthday Celebration & Entertainment by Gary Pizzichillo

National Assisted Living Spirit Week!

9/11- Wear all **BLUE** day! 

9/12- Wear a **Hat** day! 

9/13- Wacky **Socks** Day 

9/14- **Pajama** Day! 

9/15- Favorite **Sports** Team Day! 

Fun fact about September

September gets its name from the Latin word septem, which means “seven.” It was the seventh month of the year until 153 BC. Around 44 BC, Julius Caesar reformed the calendar and made September the ninth month. The Anglo Saxons called this time haligmonath, which translates to “holy month,” because the harvest time was sacred to them. In Japan, September is called kugatsu, which means “long moon.” The Anglo-Saxons called it the gerst monath, meaning “barley month,” because it was the month they harvested their barley crops.

The Month of Fire

While we associate September with going back to school, apples, and the start of fall, in ancient Rome, the month was devoted to the Vulcan god of fire and forge. Romans thought September was ruled by Vulcan and expected fires and earthquakes this month. This makes sense, as forest fires tend to occur in early fall, and the reds, oranges, and yellows of fall foliage look a lot like fire.



September 2023

The Kempton at Brightmore



	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Administrator-Melissa Crouch Director of Nursing-Catherine Morgan Activity Director-Abby Smith Marketing/Admissions Director-Joanna Davis Maintenance Director-Chad Pope	Office Manager-Gina Volpe Receptionist-Judi Dawson Housekeeping Supervisor-Lisa Groves Medical Records/Transportation-LaShon Knox	Birthday Celebration!! September 29, 2023 2:30 p.m.	Sign up for outings in the lobby!	*Activities subject to change, all accurate and current activities will be posted on the TV on the main floor daily.*	Daily Delight Packets 1 10:00 Sit & Fit [A3] 2:30 Entertainment by Duke Ladd [DR1]	Daily Delight Packets 2 2:30 Movie Saturday- Where the Crawdads Sing [A3]
Location Keys Conference Room C First Floor Dining Room DR1 In Room Activity R Lobby L Outing O Second Floor Country Kitchen CK2 Third Floor Activity Room A3	Daily Delight Packets 3 3:00 Church Service [A3]	Daily Delight Packets 4 Labor Day 10:00 Sit & Fit [A3]	5 10:00 Walks around the Pond 11:15 Uno [A3] 3:00 Butterbean Auction [A3] 3:00 Legion of Mary [CK2]	6 10:00 Catholic Church [CK2] 10:00 Sit & Fit [A3] 11:15 Trivia- Guess Correctly, give rice to kids! [A3] 3:00 Bingo [DR1] 4:15 NuStep Training [A3]	7 10:00 Sit & Fit [A3] 12:30 Men's Group Lunch [CK2] 2:30 Food Committee [A3]	8 10:00 Sit & Fit [A3] 11:15 Pokeno [A3] 2:30 Entertainment by Gil Bowen [DR1]	Daily Delight Packets 9 2:30 Bingo [DR1]
"When life is sweet, say thank you and celebrate. And when life is bitter, say thank you and grow." – Shauna Niequist	Daily Delight Packets 10 Happy National Assisted Living Week! 3:00 Church Service [A3]	11 Wear all BLUE day! 8:30 Krispy Kreme Donuts! [L] 11:00 Shell Art [A3] 2:30 NC Aquarium Live and Interactive Program~Fantastic Fish [DR1]	12 Wear a Hat day! 12:30 4 Seasons Luncheon with Scotti Stringz [DR1] 3:00 Legion of Mary [CK2]	13 Wacky Sock Day! 10:00 Catholic Church [CK2] 10:00 Sit & Fit [A3] 11:00 Pet Therapy- Welcome back Griffin! [R] 3:00 Bingo [DR1] 4:15 NuStep Training [A3]	14 Pajama Day! 10:00 Sit & Fit [A3] 11:00 Photos in Pajamas! [DR1] 2:30 Movie & Popcorn! (The Sound of Music) [A3]	15 Wear your Favorite Sports Team Day! 10:00 Walks around the Pond 11:15 Pokeno [A3] 3:00 Paws4People Puppy Visit & Crumbl Cookies! [L]	Daily Delight Packets 16 2:30 Movie Saturday- The Breakfast Club [A3]
Resident Birthdays Virginia D. 9/9 Joyce S. 9/10 Elizabeth S. 9/17 Allan M. 9/18 Ed G. 9/23 Carolyn A. 9/25	Daily Delight Packets 17 3:00 Church Service [A3]	18 10:00 Sit & Fit [A3] 11:15 Card Bingo [A3] 2:30 Resident Council [A3]	19 11:00 Restuarant Outing- Smoke on the Water [O] 2:00 Hearing Aid Cleaning [C] 3:00 Legion of Mary [CK2] 3:00 Word in a Word Game [A3]	20 10:00 Catholic Church [CK2] 10:00 Sit & Fit [A3] 11:00 Pet Therapy [R] 3:00 Bingo [DR1] 4:15 NuStep Training [A3]	21 10:00 Sit & Fit [A3] 11:00 Aloha [L] 11:15 Corn Hole [A3] 3:00 Cooking with Tori! [CK2]	22 10:00 Sit & Fit [A3] 11:15 Pokeno [A3] 2:30 Entertainment by Allan Nicosia [DR1]	Daily Delight Packets 23 2:30 Bingo [A3]
Help us Celebrate National Assisted Living week this month! September 10-16th!	Daily Delight Packets 24 3:00 Church Service [A3]	25 10:00 Sit & Fit [A3] 11:15 Jeopardy [A3] 3:00 Wine and Cheese Social [CK2]	26 10:00 Walks around the Pond 11:15 Travel to Milan! [A3] 2:30 Card Bingo [A3] 3:00 Legion of Mary [CK2]	27 10:00 Catholic Church [CK2] 10:00 Sit & Fit [A3] 11:00 Pet Therapy [R] 3:00 Bingo [DR1] 4:15 NuStep Training [A3]	28 10:00 Sit & Fit [A3] 11:15 Who am I? What am I? [A3] 3:00 Registering to vote in NC [DR1]	29 10:00 Sit & Fit [A3] 11:15 Pokeno [A3] 2:30 Birthday Celebration & Entertainment by Gary Pizzichillo [DR1]	Daily Delight Packets 30 2:30 Movie Saturday- Four Weddings and a Funeral [A3]