

October 2026

The Kempton at Brightmore of Wilmington



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Calendar Subject To Change To Meet The Needs of Our Residents. Changes will be Posted	Locations Legend Activity Room 3 (AR3) Dining Room 1 (DR1) Country Kitchen 2 (CK2:) Conference Room (C) In Room (IR) Lobby (L) Back @ Pond (BoP) Outing (O) Front Porch (FP)			Daily Delights: Pick up in the lobby 1 ALympics: Team Kempton 9:00 100 Feet ALympic Walk (AR3) 10:00 Olympic Art Project Project (AR3) 2:00 Therapy Dog Visits with Dave (IR) 3:00 Opening Ceremony with Live Music from Eric Metts (DR1)	Daily Delights: Pick up in the lobby 2 9:00 Olympic Outdoor 1/4 Mile Walk (Sign Up with Tanya) (BoP) 11:00 Pokeno (DR1) 3:00 Olympics Standing Cornhole (AR3) 7:00 Independent Music with Bettie Morrow (C)	Daily Delights: Pick up in the 3 lobby 11:00 Independent Uno/Card Game (AR3) 2:30 Afternoon Movie (AR3)
Daily Delights: Pick up in the 4 lobby 10:00 YouTube Exercise on TV (AR3) 3:00 Church Service (DR1)	Daily Delights: Pick up in the 5 lobby 10:30 Seated Cornhole (AR3) 2:30 SOKS (Slightly off Key Sing Alongs) (DR1) 3:45 Waterballoon Toss (FP)	Daily Delights: Pick up in the 6 lobby 9:30 ALympic Puzzling Event (AR3) 10:30 Olympics Seated Bowling (AR3) 2:15 Shot Put Throw (AR3) 3:00 Olympic Bowling (AR3)	Daily Delights: Pick up in the lobby 7 9:30 Exercise with Kati (AR3) 10:00 Catholic Church Communion (CK2:) 10:30 Catholic Lesson with Teresa (CK2:) 11:00 LCR Dice Game (AR3) 3:00 Bingo (DR1)	Daily Delights: Pick up in the 8 lobby 10:00 Ageless Grace with Tanya (AR3) 11:00 Thursday Pokeno (DR1) 2:00 Mindful Doodling and Coloring Group (AR3) 3:00 Olympic Virtual Trivia (AR3)	Daily Delights: Pick up in the 9 lobby 10:00 Sit and Fit with Paula (AR3) 11:00 Morning Tunes with Scottie (DR1) 3:00 Fall Festival (BoP) 7:00 Independent Music with Bettie Morrow (C)	Daily Delights: Pick up in the 10 lobby 11:00 Independent Dice Game (AR3) 2:30 Afternoon Movie (AR3)
Daily Delights: Pick up in the 11 lobby 10:00 YouTube Exercise on TV (AR3) 3:00 Church Service (DR1)	Daily Delights: Pick up in the 12 lobby 10:00 Sit and Fit with Paula (AR3) 11:00 Wacky Wordies (AR3) 2:00 Name That Anagram Word Game (AR3) 3:00 Jeopardy (AR3)	Daily Delights: Pick up in the 13 lobby 9:30 Balloon Toss and Tunes (AR3) 11:00 Great Courses (AR3) 2:30 Kindness Crew Making Breast Cancer Shells to Sell (AR3)	Daily Delights: Pick up in the 14 lobby 9:30 Exercise with Kati (AR3) 10:00 Catholic Church Communion (CK2:) 10:30 Catholic Lesson with Teresa (CK2:) 11:00 LCR Dice Game (AR3) 3:00 Bingo (DR1)	Daily Delights: Pick up in the 15 lobby 9:00 Happy Trails Walking Group (L) 10:00 Ageless Grace with Tanya (AR3) 11:00 Thursday White Board Games (AR3) 2:00 Therapy Dog Visits with Dave (IR) 2:30 Movie & A Snack (AR3)	Daily Delights: Pick up in the 16 lobby 10:00 Sit and Fit with Paula (AR3) 11:00 Pokeno (DR1) 3:00 Wine and Cheese with Ray & Jeff (DR1) 7:00 Independent Music with Bettie Morrow (C)	Daily Delights: Pick up in the 17 lobby 10:30 Pumpkin Painting with Friends (AR3) 2:30 Afternoon Movie (AR3)
Daily Delights: Pick up in the 18 lobby 10:00 YouTube Exercise on TV (AR3) 3:00 Church Service (DR1)	Daily Delights: Pick up in the 19 lobby 10:00 Sit and Fit with Paula (AR3) 11:00 Making Pumpkin Cake (CK2:) 3:00 Resident Council (All Residents Welcome) (AR3) 3:30 Food Committee (AR3)	Daily Delights: Pick up in the 20 lobby Think Pink Day 9:30 Balloon Toss and Tunes (AR3) 11:00 Out To Lunch at Bluewater (O) 3:00 Think Pink Social with Music from Velma (AR3)	Daily Delights: Pick up in the 21 lobby 9:30 Exercise with Kati (AR3) 10:00 Catholic Church Communion (CK2:) 10:30 Catholic Lesson with Teresa (CK2:) 11:00 LCR Dice Game (AR3) 3:00 Bingo (DR1)	Daily Delights: Pick up in the 22 lobby 9:00 Happy Trails Walking Group (L) 10:00 Ageless Grace with Tanya (AR3) 11:00 Thursday White Board Games (AR3) 2:30 Let's Get Crafty (AR3)	Daily Delights: Pick up in the 23 lobby 10:00 Sit and Fit with Paula (AR3) 11:00 Pokeno (DR1) 3:00 Carmel Apple Dip and Music from Gil Bowen (DR1) 7:00 Independent Music with Bettie Morrow (C)	Daily Delights: Pick up in the 24 lobby 11:00 Bingo with Lisa (AR3) 2:30 Afternoon Movie (AR3)
Daily Delights: Pick up in the 25 lobby 10:00 YouTube Exercise on TV (AR3) 3:00 Church Service (DR1)	Daily Delights: Pick up in the 26 lobby 10:00 Sit and Fit with Paula (AR3) 11:00 Name 5 Word Game (AR3) 2:00 Afternoon Zen Coloring (AR3) 3:00 Butterbean Auction (DR1)	Daily Delights: Pick up in the 27 lobby 9:00 Out Shopping (O) 9:00 Rabbi Visits (IR) 9:30 Balloon Toss and Tunes (AR3) 11:00 Morning Artistic Expressions (AR3) 3:00 Teaching Kitchen with Tori (CK2:)	Daily Delights: Pick up in the 28 lobby 9:30 Exercise with Kati (AR3) 10:00 Catholic Church Communion (CK2:) 10:30 Catholic Lesson with Teresa (CK2:) 11:00 LCR Dice Game (AR3) 12:30 Men's Lunch (CK2:) 3:00 Bingo (DR1)	Daily Delights: Pick up in the 29 lobby 9:00 Happy Trails Walking Group (L) 10:00 Ageless Grace with Tanya (AR3) 2:00 Therapy Dog Visits with Dave (IR) 3:00 Great Courses: Exploring our National Parks (AR3) 5:00 Trunk Or Treat (DR1)	Daily Delights: Pick up in the 30 lobby 10:00 Sit and Fit with Paula (AR3) 11:00 Pokeno (DR1) 3:00 Monster Mash Bash (DR1) 7:00 Independent Music with Bettie Morrow (C)	Daily Delights: Pick up in the 31 lobby 11:00 Independent Uno/Card Game (AR3) 11:00 Spooky Bingo (DR1) 2:30 Afternoon Movie (AR3)