

Special Days in October

Simchat Torah Begins at Sundown

October 7

Columbus Day Indigenous Peoples'
Day Thanksgiving (Canada) October 9

Boss's Day October 16

Sweetest Day October 21

World Pasta Day October 25

Halloween October 31



Bird of the Month – Swan

Revered for their beauty and grace, swans are fast, agile fliers and speedy swimmers with excellent hearing and vision. Like elephants, these extremely intelligent birds have superb memories and can remember their interactions with humans. Swans are typically white, but some types are black and white, all black, or even pinkish. Their chicks, which are called cygnets, are gray until their adult plumage comes in. Swans live in and around coastal bays, lakes, slow-moving rivers, and ponds. Aquatic vegetation is their meal of choice, and they are known to aggressively defend their nests during breeding season. A group of swans is called a flock. These lovely, majestic birds symbolize loyalty, trust, companionship, and love—and for good reason. Swans often mate for life, and especially romantic pairs are known to swim together with their necks entwined or beaks together in a heart shape.

Fun fact about October

October is the tenth month of the year in the Gregorian calendar, though its name stems from the Latin octo, meaning “eight.” In early Roman times, October was the eighth month of the calendar until January and February were added, making it the tenth. In Old England it was called Winmonath, meaning “wine month,” as October’s temperatures were ideal for making wine and cider. They also called it Winterfylleth, or “winter full moon,” because it marked and celebrated the beginning of winter

Halloween Around the World

In America and Canada, children go door to door in costume on Halloween night asking for candy treats. France has recently started celebrating Halloween with costume parties. Meanwhile, in the Czech Republic, people place chairs by the fireside, one for each living family member and one for each family member who has passed on. In Germany, people hide their knives to ensure the safety of the returning spirits and themselves



October 2023 Calendar

Featured Events

- Oct 2 - Scarecrow Craft
- Oct 5 - Butterbean Auction
- Oct 6 - Entertainment by Allan Nicosia
- Oct 12 - Food Committee
- Oct 13 - Birthday Celebration & Entertainment by Gil Bowen
- Oct 16 - Men's Group Lunch
- Oct 16 - Resident Council
- Oct 19 - Apple Cider & Donuts Social
- Oct 20 - Entertainment by Duke Ladd
- Oct 23 - "Slightly off Key" Sing Along presented by the Assistance League of Wilmington
- Oct 23 - Wine & Cheese Social
- Oct 24 - Fall Suncatcher Craft
- Oct 26 - Cooking with Tori!
- Oct 27 - Pet Therapy- Paws4People
- Oct 27 - Entertainment by Scotti Stringz
- Oct 31 - Hocus Pocus Luncheon (One Seating) with Gary Pizzichillo



We had SO much fun with the NC Aquarium in September!

Did you Know?

Jellyfish have no brain, heart, bones or eyes. They are made up of a smooth, bag-like body and tentacles armed with tiny, stinging cells. These incredible invertebrates use their stinging tentacles to stun or paralyze prey before gobbling it up. The jellyfish's mouth is found in the centre of its body.

October 2023

The Kempton at Brightmore



	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Location Keys</p> <p>First Floor Dining Room DR1 In Room Activity R Lobby L Outing O Second Floor Country Kitchen CK2 Third Floor Activity Room A3</p> <p><i>"As I walked out the door toward the gate that would lead to my freedom, I knew if I didn't leave my bitterness behind, I'd still be in prison." — Nelson Mandela</i></p> <p>Resident Birthdays</p> <p>Dan G. 10/2 Bobbie F. 10/3 Betty W. 10/7 Mike M. 10/22 Jean Marie H. 10/28</p> <p>Birthday Celebration!!</p> <p>October 13, 2023 2:30 p.m.</p>	<p>Daily Delight Packets 1</p> <p>3:00 Church Service [A3]</p>	<p>10:00 Sit & Fit [A3] 2 11:15 Card Bingo [A3] 2:30 Scarecrow Craft [A3]</p>	<p>10:00 Walks around the Pond 3 11:15 Uno [A3] 2:30 Travel to Mexico! [A3]</p>	<p>10:00 Catholic Church [CK2] 4 10:00 Sit & Fit [A3] 11:00 Pet Therapy [R] 3:00 Bingo [DR1] 4:15 NuStep Training [A3]</p>	<p>10:00 Sit & Fit [A3] 5 11:15 Corn Hole [A3] 3:00 Butterbean Auction [A3]</p>	<p>10:00 Sit & Fit [A3] 6 11:15 Pokeno [A3] 2:30 Entertainment by Allan Nicosia [DR1]</p>	<p>Daily Delight Packets 7</p> <p>2:30 Bingo! [DR1]</p>
	<p>Daily Delight Packets 8</p> <p>3:00 Church Service [A3]</p>	<p>Columbus Day 9</p> <p>10:00 Sit & Fit [A3] 11:15 History of Columbus Day [A3] 2:30 Card Bingo [A3]</p>	<p>11:00 Restuarant Outing [O] 10 2:30 Jeopardy [A3]</p>	<p>10:00 Catholic Church [CK2] 11 10:00 Sit & Fit [A3] 11:00 Pet Therapy [R] 3:00 Bingo [DR1] 4:15 NuStep Training [A3]</p>	<p>10:00 Sit & Fit [A3] 12 11:15 Who am I? What am I? [A3] 3:00 Food Committee [A3]</p>	<p>10:00 Sit & Fit [A3] 13 11:15 Pokeno [A3] 2:30 Birthday Celebration & Entertainment by Gil Bowen [DR1]</p>	<p>Daily Delight Packets 14</p> <p>11:00 Fall Festival!</p>
	<p>Daily Delight Packets 15</p> <p>3:00 Church Service [A3]</p>	<p>10:00 Sit & Fit [A3] 16 12:30 Men's Group Lunch [CK2] 2:30 Resident Council [A3]</p>	<p>10:00 Walks around the Pond 17 11:15 Ladderball [A3] 2:30 Trivia- Guess correctly, give free rice! [A3] 3:00 Legion of Mary [A3]</p>	<p>10:00 Catholic Church [CK2] 18 10:00 Sit & Fit [A3] 11:00 Pet Therapy [R] 3:00 Bingo [DR1] 4:15 NuStep Training [A3]</p>	<p>10:00 Sit & Fit [A3] 19 11:15 Yes, I Have! Game [A3] 3:00 Apple Cider & Donuts Social [A3]</p>	<p>10:00 Sit & Fit [A3] 20 11:15 Pokeno [A3] 2:30 Entertainment by Duke Ladd [DR1]</p>	<p>Daily Delight Packets 21</p> <p>2:30 Bingo! [DR1]</p>
	<p>Daily Delight Packets 22</p> <p>3:00 Church Service [A3]</p>	<p>10:00 Sit & Fit [A3] 23 11:00 "Slightly off Key" Sing Along presented by the Assistance League of Wilmington [DR1] 3:00 Wine & Cheese Social [CK2]</p>	<p>10:00 Walks around the Pond 24 11:15 Hallowed Halloween- Origins of Halloween! [A3] 2:30 Fall Suncatcher Craft [A3]</p>	<p>10:00 Catholic Church [CK2] 25 10:00 Sit & Fit [A3] 11:00 Pet Therapy [R] 3:00 Bingo! [DR1]</p>	<p>10:00 Sit & Fit [A3] 26 11:15 Drum Circle [A3] 3:00 Cooking with Tori! [CK2]</p>	<p>10:00 Sit & Fit [A3] 27 11:00 Pet Therapy- Paws4People [L] 3:00 Entertainment by Scotti Stringz [DR1]</p>	<p>Daily Delight Packets 28</p> <p>2:30 Movie Saturday- Pride & Prejudice [A3]</p>
<p>Daily Delight Packets 29</p> <p>3:00 Church Service [A3]</p>	<p>10:00 Sit & Fit [A3] 30 11:00 Mini Pumpkin Painting [A3] 2:30 Hocus Pocus Movie [A3]</p>	<p>Halloween 31</p> <p>10:00 Walks around the Pond 12:00 Hocus Pocus Luncheon (One Seating) with Gary Pizzichillo [DR1] 2:30 Spooky Bingo [A3]</p>	<p>The Kempton Staff:</p> <p>Administrator-Melissa Crouch Director of Nursing-Catherine Morgan Activity Director-Abby Smith Marketing/Admissions Director-Joanna Davis Maintenance Director-Chad Pope</p> <p>Office Manager-Stacy Eakes Receptionist-Judi Dawson Housekeeping Supervisor-Lisa Groves Medical Records/Transportation-Lottie Beamon</p> <p>Sign up for outings in the lobby!</p>				