



## Flower & Birthstone

- November's birth flower is the chrysanthemum. Commonly called mums, the vibrant perennial is a favorite of gardeners and florists alike. Chrysos is Greek for "gold"; although mums grow in a variety of shades today, their wild ancestors were a brilliant yellow-gold hue. In addition to their beauty, mums are used for teas, wine, and medicine. Additionally, NASA has found that chrysanthemums planted indoors can clean the air of your home.
- Yellow topaz, known as "precious topaz," is November's birthstone. This stone was the symbol of Ra, the Egyptian sun god, because of its golden glow. Topaz was named for the ancient island of Topasos, now known as St. John. A topaz is most commonly found in shades of yellow. However, it also comes in other colors, including blue, red, orange, green, and black. Pure topaz itself is a colorless stone. A gift of a yellow topaz symbolizes friendship and hospitality. Topaz is said to give the wearer strength and mental clarity.

## Thanksgiving Humor

Be thankful this year for the joy of laughter. Before you eat your Thanksgiving meal, gobble up some Thanksgiving jokes.

1. What do you get if you divide the circumference of a pumpkin by its diameter? *Pumpkin p*
2. Why did the turkey cross the road twice? *To prove he wasn't a chicken.*
3. Why do turkeys make great musicians? *They have their own drumsticks*
4. Why did the cranberries turn red? *Because they saw the turkey dressing*
5. What do you get when you cross a shoemaker with an apple? *Apple cobbler*
6. What is a potato's favorite television program? *M\*A\*S\*H*
7. What do you call a turkey on the day after Thanksgiving? *Lucky*

## Employee of the Month

Guadulope Wright

Guadulope or "GG" has been voted to be November's employee of the month. The best part is that she been chosen by the residents. She has been at the Kempton for the past five months working as a Certified Nursing Assistant. She is from Orange County California. Her favorite part about her day is the checking up on the residents and make sure they are taking care of. On her free time she loves to dance and exercise. We appreciate Guadulope so much because she encourages all to dance during entertainment and invites others to activities. Thank you GG for bringing the joy to our residents. Thank you for going above and beyond for providing such a great experience.



*The*  
**Kempton**  
AT BRIGHTMORE



Wilmington's Preferred Assisted Living Community

## November 2022

2298 S. 41st Street  
Wilmington, NC 28403  
(910) 332-6899

## Special Events

- Coffee Filter Turkey Craft: 11/7
- Election Day: 11/8
- Veterans Day Celebration: 11/11
- Uke Group SOKS Music: 11/14
- Men's Group: 11/15
- Fort Fisher—Living Seashell: 11/21
- Thankful Luncheon with Allan: 11/22
- Christmas Carolers: 11/28
- Christmas Drum Circle: 11/29

## Outings!

- UNCW Men's Basketball Game: 11/2 at 6:00 UNCW vs. Emory & Henry
- Harris Teeter Shopping: 11/9 at 10:30 for personal grocery shopping
- Rudolph the Red-Nose Reindeer Jr (Youth): 11/17 at 6:30 at HBHUSO

## Turkey the Bandit

Turkey the Bandit will be hiding around the building each week. There is a wanted poster that will be displayed anywhere in the building. The person with the most bandits wins a prize. At the end of the month, you will be able to catch bandit: dead or alive!






## Welcome Newcomers!

Welcome two new members  
To the Kempton family!

## Happy Veteran's Day

November is the eleventh month on the Gregorian calendar, but it was the ninth month before January and February were added to the calendar. November is widely considered a month dedicated to remembering loved ones. Let's celebrate Veteran's day on November 11th at 2:30 with Susan. Veterans Day is the day set aside to thank and honor ALL those who served honorably in the military—in wartime or peacetime. In fact, Veterans Day is largely intended to thank veterans for their service, to acknowledge that their contributions to our national security are appreciated, and to underscore the fact that all those who served—not only those who died—have sacrificed and done their duty. On November 11th, let's write thank you cards to our veteran's in our community to show our gratitude.



|  | Sunday   | Monday  | Tuesday  | Wednesday  | Thursday  | Friday   | Saturday  |
|--|--|---|--|--|---|--|---|
| <b>Abbreviations</b><br><br>PVD= Private Dining Room<br>Café= Back Dining Room<br>1st= First Floor<br>2nd= Country Kitchen on the Second Floor<br>3rd= Third Floor Activity<br>SU=Sign up in lobby<br>L= Lobby on First floor<br>C= Conference/Library   |            |   | 10:00 Ladder Ball 1<br>11:00 Virtual Tour—Costa Rica/3<br>2:30 Coffee Filter Turkey Craft/3<br>3:00 Legion of Mary   | 10:00 Music & Movement/3 2<br>10:00 Catholic C/2<br>11:15 Wii Game/2<br>2:30 Bingo/1<br>4:00 NuStep Training<br>6:00 UNCW Bball/SU | 10:00 Seated Line Dancing/3 3<br>11:00 Griffin Dog/1<br>2:15 Turtle Feeds/L<br>3:30 Pool Therapy/SU<br>7:00 Indep. Cards/3      | 10:00 Music & Movement/3 4<br>11:15 Pokeno Game/3<br>2:30 DeJaVu Women's Quartet/1                           | Daily Delight Packets 5<br>2:30 Independent Bridge Card Game/2  |
|  | Daily Delight Packets 6<br>3:00 Church Service w/ Dr. Morrison/3<br><br>Daylight Saving Time | 10:00 Music & Movement/3 7<br>11:15 Price is Right/3<br>2:30 Cooking With Connor/2                                | 10:00 Bean Bag Toss/3 8<br>11:00 Pokeno/3<br>2:00 paws4people/1<br>3:00 Legion of Mary<br><br>ELECTION DAY           | 10:00 Music & Movement/3 9<br>10:00 Catholic C/2<br>10:30 Harris Teeter Shopping/SU<br>2:30 Bingo/1<br>4:00 NuStep Training        | 10:00 Yoga/3 10<br>11:15 LCR Dice/3<br>2:30 Food Committee/2<br>3:30 Pool Therapy/SU<br>7:00 Indep. Cards/3                     | 10:00 Music & Movement/3 11<br>11:15 TY Cards/3<br>2:30 Susan S. Veteran's day Celebration/1<br>VETERANS DAY | Daily Delight Packets 12<br>2:30 Independent Bridge Card Game/2 |
| Resident Birthdays:<br>Marilyn Hill 11/2<br>Patricia Bland 11/5<br>Lydia Moorse 11/7<br>Jane Burchell 11/11<br>Jean Chasmer 11/30<br><br>Staff Birthdays:<br>None<br><br>November Birthday Party Celebration with Duke Ladd: 11/18 at 2:30 Dining Room<br><br> | Daily Delight Packets 13<br>3:00 Church Service w/ Dr. Morrison/3                            | 10:00 Music & Movement/3 14<br>10:30 Uke Group—SOKS Music/1<br>2:30 Resident Council/3<br>3:30 Pokeno/3           | 10:00 BucketBall 15<br>12:30 Men's Group/2<br>2:00 Hearing Aid/C<br>3:00 Wheel of Fortune/3<br>3:00 Legion of Mary/2 | 10:00 Music & Movement/3 16<br>10:00 Catholic C/2<br>11:15 Leaf Clay dish/3<br>2:30 Bingo/1<br>4:00 NuStep Training                | 11:00 Griffin Dog/1 17<br>11:00 ALOHA/3<br>2:30 Drum Circle/3<br>3:30 Pool Therapy/SU<br>6:30 Rudolph/SU<br>7:00 Indep. Cards/3 | 10:00 Music & Movement/3 18<br>11:15 Rummy Card Game/3<br>2:30 Duke Ladd Nov BDAY Party/1                    | Daily Delight Packets 19<br>2:30 Independent Bridge Card Game/2 |
|  | Daily Delight Packets 20<br>3:00 Church Service w/ Dr. Hedgepeth/3                           | 10:00 Music & Movement/3 21<br>11:00 Scarecrow Mason Jar/3<br>2:30 Fort Fisher Aquarium/1                         | 10:00 Turkey Toss/3 22<br>12:00 Thankful Luncheon w/ Allen<br>2:30 Butter Bean/3<br>3:00 Legion of Mary/2            | 10:00 Music & Movement/3 23<br>10:00 Catholic/2<br>11:15 Terrarium/3<br>2:30 Bingo/1<br>4:00 NuStep Training                       |    | 10:00 Music & Movement/3 25<br>11:00 Jeopardy/3<br>2:30 Black Out Bingo/1<br><br>BLACK FRIDAY                | Daily Delight Packets 26<br>2:30 Independent Bridge Card Game/2 |
|  | Daily Delight Packets 27<br>3:00 Church Service w/ Dr. Hedgepeth/3                           | 10:00 Music & Movement/3 28<br>11:00 Christmas Tree Decorating<br>3:00 Wine & Cheese/2<br>6:30 Christmas Carolers | 10:00 Football Toss/2 29<br>11:00 Christmas Drum Circle/3<br>2:30 Pokeno Game/3<br>3:00 Legion of Mary/2             | 10:00 Music & Movement/3 30<br>10:00 Catholic C/2<br>11:00 Tree Decorate<br>2:30 Bingo/1<br>4:00 NuStep Training                   |    |  |   |

**Inspirational Quote**



Look at your weekly calendar for 30 days of gratitude

Sign up for outings and pool classes in lobby

Beauty Shop Available by Appointment

**YOUR STAFF**

Melissa Crouch Administrator  
 Doris Austin Director of Nursing  
 Victoria Holt, CTRS/LRT Activity Director  
 Jeff Arciola Dietary Supervisor  
 Gina Volpe Office Manager  
 Chad Pope Maintenance Director

Joanna Davis Marketing & Admissions Director  
 Judi Dawson Receptionist  
 Lisa Groves Housekeeping Supervisor  
 LaShon Knox Medical Records/Transportation

\* Dates and Events may be subject to change. All accurate and current activities will be posted on the TV on the main floor daily.