

Special Days in May

May Day: May 1

Cinco de Mayo: May 5

Mother's Day: May 14

Armed Forces Day (U.S.): May 20

Victoria Day (Canada): May 22

Memorial Day (U.S.): May 29



Bird of the Month – Nightingale

The nightingale is a European songbird with a rather plain appearance but possessing a particularly lovely song. In fact, these special birds, which feast on a diet of invertebrates like beetles and flies, can produce over 1,000 different sounds. This is remarkable considering that many other birds of similar size can make only one-third to one-tenth as many noises. They're able to do this because the part of their brain dedicated to making sound is much larger than is typical. Interestingly, despite their name, nightingales most often sing during the day. They primarily sing at night only during their mating season. Doing so can attract predators, which is why they usually don't risk it unless they have a chance to attract a mate. The light brown birds can be quite aggressive during this time and will defend their territory if they feel threatened or encroached upon. They are shy and elusive birds, preferring thick, tangled habitat.

Fun fact about May!

May is the fifth month of the year and one of seven months with 31 days. There are several theories about how May got its name. The most widely accepted explanation is that it was named for Maia, the Greek goddess of fertility, spring, and growth. The name Maia also means "mother" in Greek. The Roman poet Ovid, however, provides a second etymology in which he says that May is named for the maiores, Latin for "elders" or "ancestors," who were celebrated during this month.



May 2023 Calendar

Special Events

Cinco De Mayo Luncheon: 5/5 @ 12:30

Food Committee: 5/8 @ 2:30

Mother's Day Tea Party: 5/11 @ 3:00

Birthday Celebration with Allan: 5/12 @ 2:30

Men's Group: 5/15 @ 12:30

Resident Council: 5/15 @ 2:30

Hearing Aid Clinic: 5/16 @ 2:00

Butter Bean Auction: 5/18 @ 3:00

Entertainment by Duke Ladd: 5/19 @ 2:30

Wine and Cheese Social: 5/22 @ 3:00

Restaurant Outing: 5/23 @ 11:00

Cooking with Tori!: 5/25 @ 2:30

Entertainment by Daniel Jenkins & Tom Craven: 5/26 @ 2:30


Employee of the Month!

Tiara Ellis

We are so very thankful for our staff who always go above and beyond!





	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 Location Keys Conference Room C First Floor Dining Room DR1 In Room Activity R Lobby L Second Floor Country Kitchen CK2 Third Floor Activity Room A3 "Look deep into nature and you will understand everything better" – Albert Einstein		10:00 Movement & Music [A3] 1 11:15 Uno [A3] 2:30 Sand Art Craft [A3] 7:00 Night Cards [A3]	10:00 Twister Tuesday [A3] 2 11:15 Who am I? What am I? [A3] 2:30 Summer Globe Craft [A3] 3:00 Legion of Mary [A3]	10:00 Catholic Church [CK2] 3 10:00 Movement & Music [A3] 11:15 Ladderball [A3] 3:00 Bingo [DR1] 4:15 NuStep Training [A3]	10:00 Sit & Fit [A3] 4 11:00 Pet Therapy [R] 3:00 Sip & Paint [A3] 7:00 Night Cards [A3]	10:00 Movement & Music [A3] 5 12:30 Cinco de Mayo Luncheon (One seating) [DR1]	Daily Delight Packets 6 2:30 Group Card Game! [A3]
	Daily Delight Packets 7 3:00 Church Service [A3]	10:00 Movement & Music [A3] 8 11:15 Word in a Word Game [A3] 2:30 Entertainment by Gil Bowen [DR1] 7:00 Night Cards [A3]	10:00 Twister Tuesday [A3] 9 11:15 Walks around the Pond [L] 2:30 Food Committee [CK2] 3:00 Legion of Mary [A3]	10:00 Catholic Church [CK2] 10 10:00 Movement & Music [A3] 11:15 Cornhole [A3] 3:00 Bingo [DR1] 4:15 NuStep Training [A3]	10:00 Sit & Fit [A3] 11 11:15 Flower Arrangements [A3] 3:00 Mother's Day Tea Party [DR1] 7:00 Night Cards [A3]	10:00 Movement & Music [A3] 12 11:15 Pokeno [A3] 2:30 Birthday Celebration with Allan Nicosia [DR1]	Daily Delight Packets 13 2:30 Group Card Game! [A3]
	Daily Delight Packets 14 Mother's Day 3:00 Church Service [A3]	10:00 Movement & Music [A3] 15 12:30 Men's Group Lunch [CK2] 2:30 Resident Council [A3] 7:00 Night Cards [A3]	10:00 Twister Tuesday [A3] 16 11:15 Jeopardy [A3] 2:00 Hearing Aid Clinic [C] 3:00 Legion of Mary [A3]	10:00 Catholic Church [CK2] 17 10:00 Movement & Music [A3] 11:15 Drum Circle 3:00 Bingo [DR1] 4:15 NuStep Training [A3]	10:00 Sit & Fit [A3] 18 11:00 Aloha Library [L] 11:00 Pet Therapy [R] 3:00 Butter Bean Auction [A3] 7:00 Night Cards [A3]	10:00 Movement & Music [A3] 19 11:15 Pokeno [A3] 2:30 Entertainment by Duke Ladd	Daily Delight Packets 20 2:30 Group Card Game! [A3]
	Resident Birthdays Megan H. 5/3 Mary J. 5/8 Dona M. 5/18 Ann G. 5/20	Daily Delight Packets 21 3:00 Church Service [A3]	10:00 Movement & Music [A3] 22 11:15 Drum Circle [A3] 3:00 Wine & Cheese Social [CK2] 7:00 Night Cards [A3]	11:00 Outing Resturant 23 2:30 Entertainment by Gil Bowen [DR1] 3:00 Legion of Mary [A3]	10:00 Catholic Church [CK2] 24 10:00 Movement & Music [A3] 11:15 Free Rice Trivia [A3] 3:00 Bingo [DR1] 4:15 NuStep Training [A3]	10:00 Sit & Fit [A3] 25 11:15 LCR Dice Game [A3] 2:30 Cooking with Tori! [CK2] 7:00 Night Cards [A3]	Daily Delight Packets 26 10:00 Movement & Music [A3] 2:30 Entertainment by Daniel Jenkins & Tom Craven [DR1]
Birthday Celebration!!! May 12, 2023 2:30 p.m.	Daily Delight Packets 28 3:00 Church Service [A3]	Daily Delight Packets 29 Memorial Day 10:00 Movement & Music [A3] 7:00 Night Cards [A3]	10:00 Twister Tuesday [A3] 30 11:15 Go Fish Card Game [A3] 2:30 Card Bingo [A3] 3:00 Legion of Mary [A3]	10:00 Catholic Church [CK2] 31 10:00 Movement & Music [A3] 11:15 Yahtzee [A3] 3:00 Bingo [DR1] 4:15 NuStep Training [A3]	Administrator-Melissa Crouch Director of Nursing-Doris Austin Activity Director-Abby Smith Marketing/Admissions Director-Joanna Davis Maintenance Director-Chad Pope Office Manager-Gina Volpe Receptionist-Judi Dawson Housekeeping Supervisor-Lisa Groves Medical Records/ Transportation-LaShon Knox		*Activities subject to change, all accurate and current activities will be posted on the TV on the main floor daily.*