

Special Days in March

Share a Smile Day: March 1

Holi (Hindu Spring Festival): March 8

Daylight Saving Time Begins: March 12

St. Patrick's Day: March 17

First Day of Spring: March 20

World Math Day: March 23

Flower of the Month-Daffodil

With its bright yellow petals breaking through the melting snow, the daffodil is a sure sign of spring's return. Also known as narcissus or jonquil, the sunny flower represents love, hope, joy, and respect. But when gifting, be sure to present them in a bunch—the gift of a single daffodil is a sign of misfortune. In many cultures, the daffodil symbolizes rebirth and prosperity. Its re-emergence each spring reminds us that great beauty can follow the coldest winter or most difficult struggle.



Fun fact about March!

March is the third month of the year in the Julian and Gregorian calendars. However, March used to be the first month, until January and February were added to the calendar around 700 BC. That's why many cultures and religions still celebrate the new year in March. In Finnish, March is called maaliskuu, which means "earthy month." The Ukrainian word for March translates to "birch tree," which is one of the first trees to bud in the spring.



February 2023 Calendar

Special Events

Sing Along with Allan Nicosia: 3/3 @ 2:30

Cooking with Connor: 3/7 @ 2:30

International Women's Day Celebration: 3/8 @ 11:00

Music by Daniel Jenkins & Tom Craven: 3/10 @ 2:30

Food Committee: 3/13 @ 2:30

Paws4People Dog Visit: 3/14 @ 2:00

St. Patrick's Day Luncheon: 3/17 @ 12:30

Men's Group: 3/20 @ 12:30

Resident Council: 3/20 @ 2:30

Hearing Aide Clinic: 3/21 @ 2:00

Birthday Celebration: 3/23 @ 2:30

Entertainment by Duke Ladd: 3/24 @ 2:30

Wine and Cheese Social: 2/27 @ 2:30

Butter Bean Auction: 3/28 @ 2:30

Entertainment by Phil Bruschi: 3/31 @ 2:30





**The
Kempton's
Staff:**

Sunday	Monday	Tuesday
	Administrator-Melissa Crouch Director of Nursing-Doris Austin Activity Director-Abby Smith Dietary Supervisor-Jeff Arciola Marketing/Admissions Director-Joanna Davis	Maintenance Director-Chad Pope Office Manager-Gina Volpe Receptionist-Judi Dawson Housekeeping Supervisor-Lisa Groves Medical Records/Transportation-LaShon Knox

Wednesday **Thursday** **Friday** **Saturday**

Location Keys

Conference Room	C
First Floor Dining Room	DR1
In Room Activity	R
Lobby	L
Outing	O
Second Floor Country Kitchen	CK2
Third Floor Activity Room	A3

“The meeting of preparation with opportunity generates the offspring we call luck.”
— Anthony Robbins

Resident Birthdays

Marie S.	3/2
Florence W.	3/2
Joan S.	3/6
Joyce C.	3/15
Diana M.	3/24
Jane D.	3/31
Hellen L.	3/31

**Birthday Social
Celebration!**
March 23, 2023
2:30 p.m.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Daily Delight Packets 5 3:00 Church Service [A3]	10:00 Movement & Music [A3] 6 10:30 Outing [O] 2:30 Flower Pot Painting [A3] 7:00 Night Cards [A3]	10:00 Drum Circle [A3] 7 2:00 Independent Bridge Cards [DR1] 2:30 Cooking with Connor! [CK2] 3:00 Legion of Mary [A3]	10:00 Catholic Church [CK2] 1 10:00 Movement & Music [A3] 11:15 Who am I? What am I? [A3] 3:00 Bingo [DR1] 4:15 NuStep Training [A3]	10:00 Sit & Fit 2 11:15 Shamrock Wreath Craft [A3] 2:30 Feed the turtles! [L] 7:00 Night Cards [A3]	10:00 Movement & Music [A3] 3 11:15 Pokeno [A3] 2:30 Sing Along with Allan [DR1]	Daily Delight Packets 4 2:30 Group Card Game! [A3]
Daily Delight Packets 12 Daylight Saving Time Begins 3:00 Church Service [A3]	10:00 Movement & Music [A3] 13 11:15 Leprechaun Bingo [A3] 2:30 Food Committee [A3] 7:00 Night Cards [A3]	10:00 Sit & Fit [A3] 14 11:15 Jeopardy [A3] 2:00 Independent Bridge Cards [DR1] 2:00 Paws4People Puppies [L] 3:00 Legion of Mary [A3]	10:00 Catholic Church [CK2] 8 10:00 Movement & Music [A3] 11:00 International Women's Day Celebration [CK2] 3:00 Bingo [DR1] 4:15 NuStep Training [A3]	10:00 Sit & Fit 9 11:00 Pet Therapy [R] 2:30 Outdoor Walk [L] 7:00 Night Cards [A3]	10:00 Movement & Music [A3] 10 11:15 Pokeno [A3] 2:30 Entertainment by Daniel Jenkins & Tom Craven [DR1]	Daily Delight Packets 11 2:30 Group Card Game! [A3]
Daily Delight Packets 19 3:00 Church Service [A3]	10:00 Movement & Music [A3] 20 12:30 Men's Group [CK2] 2:30 Resident Council [A3] 7:00 Night Cards [A3]	10:00 Bean Bag Toss [A3] 21 11:15 Uno [A3] 2:00 Hearing Aide Clinic [C] 2:00 Independent Bridge Cards [DR1] 2:30 Word in a Word Game 3:00 Legion of Mary [A3]	10:00 Catholic Church [CK2] 15 10:00 Movement & Music [A3] 11:15 Would You Rather? Game [A3] 3:00 Bingo [DR1] 4:15 NuStep Training [A3]	10:00 Sit & Fit [A3] 16 11:00 Aloha [L] 11:15 Flower Potting [A3] 2:30 Outdoor Walk [L] 7:00 Night Cards [A3]	St. Patrick's Day 17 10:00 Movement & Music [A3] 12:30 St. Patrick's Day Luncheon with Jerry Powell [DR1]	Daily Delight Packets 18 2:30 Group Card Game! [A3]
Daily Delight Packets 26 3:00 Church Service [A3]	10:00 Movement & Music [A3] 27 11:15 Yahtzee [A3] 3:00 Wine and Cheese Event [CK2] 7:00 Night Cards [A3]	10:00 Bucketball [A3] 28 2:00 Independent Bridge Cards [DR1] 2:30 Butter Bean Auction [A3] 3:00 Legion of Mary [A3]	10:00 Catholic Church [CK2] 22 10:00 Movement & Music [A3] 10:30 Outing [O] 3:00 Bingo [DR1] 4:15 NuStep Training [A3]	10:00 Sit & Fit [A3] 23 11:00 Pet Therapy [R] 2:30 Birthday Celebration [DR1] 7:00 Night Cards [A3]	10:00 Movement & Music [A3] 24 11:15 Pokeno [A3] 2:30 Entertainment by Duke Ladd [DR1]	Daily Delight Packets 25 2:30 Group Card Game! [A3]
Daily Delight Packets 29 3:00 Church Service [A3]	10:00 Movement & Music [A3] 30 11:15 Yahtzee [A3] 3:00 Wine and Cheese Event [CK2] 7:00 Night Cards [A3]	10:00 Bucketball [A3] 29 2:00 Independent Bridge Cards [DR1] 2:30 Butter Bean Auction [A3] 3:00 Legion of Mary [A3]	10:00 Catholic Church [CK2] 29 10:00 Movement & Music [A3] 11:15 Go Fish Game [A3] 3:00 Bingo [DR1] 4:15 NuStep Training [A3]	10:00 Sit & Fit [A3] 30 11:15 Penny Game [A3] 2:30 Feed the Turtles! [L] 7:00 Night Cards [A3]	10:00 Movement & Music [A3] 31 11:15 Pokeno [A3] 2:30 Entertainment by Phil Bruschi [DR1]	Daily Delight Packets 31 2:30 Group Card Game! [A3]

Activities subject to change, all accurate and current activities will be posted on the TV on the main floor daily.