



Flower & Birthstone

- Gladiolus are August's flower. This lovely flower represents strength and integrity—not surprising when you consider that its name comes from the Latin word for sword, gladius. While its sword-shaped stems might imply Roman gladiators, its romantic flowers are capable of piercing a heart with their beauty. This might be why infatuation is another of this flower's meanings. Gladiolus, or "glads" as they are commonly called, come in a range of colors and sizes, making them a versatile mainstay in floral bouquets.
- In 1912, the American National Association of Jewelers adopted the peridot as the official birthstone for August. Peridot is a green gemstone that is as popular today as it was in the past. It has been found in ruins of ancient Egypt and Greece. It was often called the "evening emerald" by ancient Romans, who noticed that its green color shone even more vividly in lamplight, resembling deep-green emeralds.

A-l-o-h-a

Akahi- kindness to be expressed with tenderness
 Lokahi- unity to be expressed with harmony
 Oluolu- agreeable to be expressed with pleasantness
 Haahaa- humility to be expressed with modesty
 Ahonui- patience to be expressed with perseverance

Aloha is the true meaning and symbol of the Hawaiian culture and lifestyle: respect and love one another, and live in harmony with everything around you. Aloha is not something that is spoken, it is something that must be experienced. Experience culture by making lei for your hair, travel to a hidden city, watermelon on the front porch, attending the themed lunch with Susan.

UNCW Intern

Meet Miranda Faith Pope on August 23rd at 11:15 in the activity room. Miranda is our recreational therapy intern for the fall semester. She needs to complete a minimum of 14 weeks / 560-hour internship supervised by a CTRS, Victoria Holt. This will complete her last semester at University of North Carolina Wilmington. She will graduate with a Bachelor's degree in Recreational Therapy and a minor in Psychology. Miranda is looking forward to broaden her skills for her future career. Her goal is to improve or maintain physical, cognitive, social, emotional and spiritual functioning in order to facilitate full participation. She wants to make a positive impact and positive health outcome. Welcome her to the Kempton Family.



The
Kempton
 AT BRIGHTMORE



Wilmington's Preferred Assisted Living Community

August 2022

2298 S. 41st Street
 Wilmington, NC 28403
 (910) 332-6899

Special Events

- Lei Hair Craft: 8/1 @ 2:30
- Going Fit: 8/2 @ 11:00
- Aloha Luncheon with Susan: 8/4 @ 12
- Beer or Lemonade Tasting: 8/5 @ 2:15
- Paws4people dog visit: 8/9 @ 11:00
- Cooking With Connor: 8/15 @ 2:30
- Food Committee: 8/15 @ 2:30
- Jeopardy Game: 8/29 @ 2:30
- Men's Group—Omelet Bar



Welcome Newcomers!

Rosemary Cronin!

Arrrg-ust Events

- Pirate of the Caribbean: 8/18 @ 2:30
- Tipsy Trivia: 8/22 @ 3:30
- Cork Boats: 8/23 @ 2:30
- Pirate History: 8/24 @ 11:15
- Pirate Party: 8/30 @ 2:15
- Lottery Bingo: 8/31 @ 3:00

Carolina Beach


Let's go to Carolina Beach! We are partnering up with organization "Ocean Cure" as they do a great job providing staff to assist of getting in the water as well as making the beach accessible with mats. Join annual beach day on August 8th.

Vivace: International Music

Vivace Music Foundation strives to create an intense learning environment for serious musicians. In addition to daily master classes, the festival immerses the city of Wilmington with concerts, interactive lectures, conversations and discussions featuring our world-renowned faculty and guest artists. They will be performing for on us August 10 at 2:00pm. We will travel to the Wilson Center for an outing: Hat's off a Gentleman, A Genius!



August 2022

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Abbreviations PVD= Private Dining Room Café= Back by the Piano on the First Floor 1st= First Floor 2nd= Country Kitchen on the Second Floor 3rd= Third Floor Activity Room		10:00 Music & Movement/3 1 11:15 Blackjack Card Game/3 2:30 Lei Hair Craft/3 3:30 Training NuStep	10:00 Bucket Ball/3 2 11:00 Going Fit Demo/3 2:30 Sequence Game 3:00 Legion of Mary/2	10:00 Music & Movement/3 3 10:00 Catholic C/2 11:00 Iquitos, Peru: Amazon Jungle 3:00 Bingo/1 4:15 Watermelon/3	10:00 Ageless Grace/3 4 12:00 Aloha Lunch with Susan/1 2:30 Checkers Battle 7:00 Indep. Card/3	10:00 Music & Movement/3 5 11:15 Pokeno Game/3 2:15 Beer or Lemonade Tasting/1	Daily Delight Packets 6 2:00 Independent Card Game/2
	Daily Delight Packets 7 3:00 Church Service w/ Dr. Morrison/3	9:30 Beach Day outing to Carolina Beach 8 10:00 Music & Movement/3 3:30 Training NuStep	10:00 Darts/3 9 11:00 p4p dog visit/1 2:30 Sunflower Door Craft/3 3:00 Legion of Mary/2	10:00 Music & Movement/3 10 10:00 Catholic C/2 11:15 The Chosen/3 2:00 Vivace/1	10:00 COVID CLINIC/1 11 11:00 Griffin Dog/1 3:00 BINGO!/1 6:30 Vivace Outing: 7:00 Indep. Cards/3	10:00 Music & Movement/3 12 11:15 Yahtzee Dice/3 2:15 Pokeno Game/3	Daily Delight Packets 13 2:00 Independent Card Game/2
August Birthdays! Resident Birthdays: Merle Brown 8/8 Carole Diggle 8/10 Ann MacDonald 8/28 Carolyn Hoke 8/31 Staff Birthdays: Victoria Holt 8/5 Gina Volpe 8/6 Janice Smallwood 8/12 Tiara Ellis 8/15 Lenorea Newman 8/16 Rachel Chambers 8/30 Margaret Wentz 8/31 Birthday Celebration: August 26 at 2:15 Dining Room With Allan Nicosia	Daily Delight Packets 14 3:00 Church Service w/ Dr. Morrison/3	Daily Delight Packets 15 10:00 Music & Movement/3 2:30 Cooking With Chef Connor/2 3:30 Ben Piano/1	Daily Delight Packets 16 2:00 Hearing Aid Cleaning Clinic/1 3:00 Legion of Mary/2	Daily Delight Packets 17 10:00 Music & Movement/3 10:00 Catholic C/2 2:30 Food Committee/2	Daily Delight Packets 18 2:30 Pirate of the Caribbean Movie/3 7:00 Indep. Cards/3	Daily Delight Packets 19 10:00 Music & Movement/3 2:30 Duke Ladd Entertainment/1	Daily Delight Packets 20 2:00 Independent Card Game/2
	Daily Delight Packets 21 3:00 Church Service w/ Dr. Hedgepeth/3	10:00 Music & Movement/3 22 11:15 Pokeno Game 2:15 Resident Council/3 3:30 Topsy Trivia/3	10:00 Corn Hole/3 23 11:15 Meet Miranda: UNCW Intern 2:30 Cork Boats Craft/3 3:00 Legion of Mary/2	10:00 Music & Movement/3 24 10:00 Catholic C/2 11:15 Pirate History/3 3:00 Bingo/1	9:30 Training NuStep/3 25 10:00 Ageless Grace/3 11:00 Griffin Dog/1 2:30 Butterbean Auction/3 7:00 Indep. Card/3	10:00 Music & Movement/3 26 11:00 Sequence Game/3 2:15 Allan & Bday Celebration/1	Daily Delight Packets 27 2:00 Independent Card Game/2
	Daily Delight Packets 28 3:00 Church Service w/ Dr. Hedgepeth/3	10:00 Music & Movement/3 29 11:15 Uno Card Game/3 2:30 Jeopardy/3 3:30 Training NuStep	10:00 Horse-shoes/3 30 11:15 Pokeno Game/3 2:15 Pirate Party Tom & Daniel/1 3:00 Legion of Mary/2	10:00 Music & Movement/3 31 10:00 Catholic C/2 11:15 Free Rice/3 3:00 Lottery Bingo/1			

August Birthdays!

Inspirational Quote

SMALL THINGS TO LOVE ABOUT AUGUST

-  Seashells in all shapes & colors
-  Endless hours of sunshine
-  Multicolor sunsets
-  Homemade lemonade
-  Spontaneous summer trips
-  Freshly baked S'mores



Beauty Shop Available by Appointment

YOUR STAFF

- Melissa Crouch Administrator
- Doris Austin Director of Nursing
- Victoria Holt Activity Director
- Christine Carrington Dietary Supervisor
- Gina Volpe Office Manager
- Chad Pope Maintenance Director

- Joanna Davis Marketing & Admissions Director
- Judi Dawson Receptionist
- Lisa Groves Housekeeping Supervisor
- LaShon Knox Medical Records/Transportation

* Dates and Events may be subject to change. All accurate and current activities will be posted on the TV on the main floor daily.