

Learning, Creative Arts & Spiritual Life

The Great Courses Educational Study & Documentary Series Monday - Thursday at 3:00 pm

(MR) Will now show Monday – Thursday one series at a time.

Hearing Life: Not Available until further notice..

“The Chosen” Viewing & Discussion Monday’s 10:00am *Led by resident Sylvia Sorensen (CH)

Foods / Drinks of the Month in September Friday, September 18th 2:00pm (PR) Mojitos & Fried Plantains **Wednesday, September 30th 2:00pm (DR)** Tres Leches Cake

Jerry Powell Book Talk & Music Performance Thursday, September. 10th 2:00pm (SU)CH

*Brightmore regular performer who is now a published author talks on his book & performs.

Devotional w/ Angela Friday, September 11th 10:30am (SU)CH All are welcome!

Cuba & The Cameraman Monday, September 14th 1:00pm (MR) *Documentary

Cuban Missile Crisis Monday, September 21st 1:00pm (MR) * Documentary

Crafting: Terracotta Pot Painting Thursday, September 24th 11am (SU)EDR

Tech help with Renee Tuesday, September 29th 2:00pm Sign up or a 15 minute time slot.

**Book Club will return Oct. 21st – reading “The Divorce” by Frieda McFadden*

Bingo & On-Screen Entertainment

Resident Led \$1 Bingo Thursday, September 10th & 24th 3:00pm (EDR)

Prize Bingo: Wednesday, September 2nd & 16th 3:00pm (EDR)

“Frankie & Grace” Wednesday’s 7:30 pm (MR)

“Call The Midwife” Thursday’s 7:30pm (MR)

September Birthday’s

Arbie Thomas - September 2
Mary Ellen Black - September 2
Ward Newcomb - September 2
Jerry McIntosh - September 5
Irene Gritton - September 12
Jack Whiteley - September 12
Jim Brincefield - September 12
Bruno Koch - September 13
Jan Sternbach - September 15
Steve Richard - September 15
Esther Harris - September 16
Peggy Lindenmayer - September 17
Betty Pierce - September 19
Lois Moran - September 19
Sandy Crater - September 21
Aase Haje - September 23
Betty Bowker - September 24
Lenord Lyle - September 27
Ann Millard - September 30

Staff Birthday’s
Gladys Lee - September 19



Thank You!

To Everyone who donated to the
“Back to School Supply Drive”!

Those who donated are invited to a
Pizza Party on Tuesday, Sept. 29th @
12:30pm (EDR)SU



Resident Association Corner

Residents Association (RA) sponsored recurring non-changing activities are noted in a separate RA calendar. These activities include the non-denominational and other worship services, the Handwork Group, Scrabble, and Canasta Hand and Foot lessons. In addition to periodic distribution to all apartments, this calendar is posted in plastic frames in the elevators and at the Activity Book desk, as well as, on the RA Communications Center bulletin board.

YOUR STAFF

Lisa Sherrill
Executive Director
Angela Fox
Business Office Manager
May Heath
Sales and Marketing Director
Deana Martin
Housekeeping Supervisor
April Royal
Sales and Marketing Associate
Renee Mastrangelo:
Life Enrichment Director
Yemisi Coker
Life Enrichment Assistant
Kati Naef
Wellness Coordinator
Frank Napoleon
Maintenance Director

John Metzger
Maintenance Worker
James Head
Maintenance Worker
Chad Small
Transportation
Bethany Hales, Catherine Anthony, Donna Spinelli, Addie Kitchens
Concierge
Justin Abramsky
Campus Chef
Chris Garner:
Director of Dining Services
Christine Campbell:
Assistant Director of Dining Services
Tracie Wilkins, Gladys Lee, Amie Nixon, Mary Harrington, Mary Rand, Sherry Bowman
Housekeepers



2324 South 41st St, Wilmington, NC 28403

(910) 350-1980

www.brightmoreofwilmington.com

Wilmington’s Preferred Retirement Community

September 2026



September



Featured Programs

All About Cuba *Talk on Cuba by a Cuban.—At the time of print date was not confirmed. Info will be in the weekly.

Evening Piano with Grace Wednesday, September 2nd - 5pm (EN)

The Big M Casino Trip Thursday, September 3rd 9:15 am (SU)EN *Must Pre-registration required by: www.bigmcasino.com or by calling - 843-249-9811 . Must have six people for this trip to go.

Pine Valley Library Trip Thursday, September 10th 1:00pm (SU)EN

Grandparents Day Happy Hour Party Friday, September 11th 3:30pm (SU)PR Live music, hors d’oeuvres & drinks. Please invite and encourage grandkids, great grandkids and family to attend!

Ladies Club Luncheon Tuesday, September 15th 12:30pm (SU)EDR *[Lottery Program](#)

Men’s Club Luncheon Wednesday, September 16th 12:30pm(SU)EDR

Historical Storytelling & Music Wednesday, September 16th 11:00 am (SU) CH *Virtually Led by Vanessa Cole

Pet Therapy Thursday, September 17th 9:45am (SU) APT

Scotti Strings Concert Thursday September 17th 11:15am (SU)FC

Forward Motion Dance Comany Thursday, September 17th 7pm (SU) EN *Local Dance Company performance with live music [at Thalian Hall.](#)

Salsa Lesson & Demo Tuesday, September 22nd - 11:15am (SU)FC *Come dance or watch the official dance of Cuba! Provided by Wilmington Latin Dance.

Newcomers & September Birthday Party WEDNESDAY, September 23rd 2:30pm (DR)
*All residents encouraged to attend! Welcome performer Jim Quales!

Thalian Hall’s “Dracula” Thursday, September 24th 7:00pm(SU) FC *Viewer Discretion advised by Thalian Hall.

Beach Day at Carolina Beach 2026 Saturday, September 26th 9:30am (SU)EN *Everything Provided!

UNCW Chamber Music: [KENARI QUARTET](#) Sunday, September 27th 3:30pm (SU)EN
*Lottery Program

Fast Food Friday(s) (SU)EN 12:00pm Friday, September 4th Marina Grill Friday, September 11th Cape Fear Seafood Friday, September 18th The Souder September 25th True Blue

Did You Know....? Cuba...



- Cuba had a working railway system in 1837, making it ahead of many European and Latin American nations!
- Cuba is home to the bee hummingbird (*zunzuncito*), the smallest bird on Earth, measuring less than 5 centimeters long.
- Ernest Hemingway – writer, Nobel Prize Winner lived in Cuba for 20 years after falling in love with it after a 2-day visit!

September 2026

Brightmore of Wilmington

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<u>Locations Legend</u> Fitness Center (FC) Media Room (MR) Entrance (EN) Pool (P) Chapel (CH) Extended dining room (EDR) Parlor (PR) Resident Apartment (RA) Courtyard (CRTY) Lobby (LB) Pond (PO) Putting Green (PG) Billiards Room (BLR) Dining Room (DR)		9:30 Cardio Warmup (FC) 1 9:45 Strength & Balance (FC) 10:30 Gentle Motion (FC) 2:30 Strength, Stretch & Balance w/Norman (FC) 3:00 Documentary (MR)	8:30 Total Body Fit (FC) 2 9:30 Seated Yoga with Fran (FC) 10:15 Water Aerobics (P) 11:00 1/2 Mile Walk (PO) 2:30 Functional Fitness & Balance (FC) 3:00 Documentary (MR) 3:00 Prize Bingo (EDR) 5:00 Piano by Grace (LB) 7:30 "Grace and Frankie" (MR)	8:30 Balloon Toss & Shot Put (CRTY) 3 9:15 Big M Casino Trip (EN) 9:30 Cardio Warmup (FC) 9:45 Functional Fitness (FC) 10:30 Strength & Balance (FC) 2:30 Gentle Motion (FC) 3:00 Documentary (MR) 7:30 "Call the Midwife" (MR)	8:15 Self-led Water Exercise (P) 4 9:30 Strength, Stretch & Balance w/Norman (FC) 10:30 Wellness Garden Talk (FC) 11:00 Hearing Life (CH) 12:00 Fast Food Friday (EN) 2:00 Seated Volleyball (FC) 4:00 Happy Hour (PR) 7:30 Movie (MR)	9:00 Play Outside Day! (CRTY) 5 10:30 Cardio Warmup (FC) 10:45 Strength & Balance (FC) 11:15 Mindful Stretching - Seated (FC) 3:00 Tech with Alex (RA) 4:30 Piano with Alex (EN) 7:30 Movie (MR)
10:20 Grace United Methodist Church (EN) 6 11:00 Pine Valley Methodist Church Pick Up (EN) 6:00 Movie (MR)	No Transportation Today 7 8:30 Functional Fitness (FC) 9:00 Mindful Stretching (FC) 9:00 W. Aerobics w/ Kerri (P) 10:00 The Chosen (CH) 10:30 Circuit Training (FC) 3:00 Documentary (MR) 7:30 Movie (MR)	9:30 Cardio Warmup (FC) 8 9:45 Strength & Balance (FC) 10:30 Gentle Motion (FC) 2:30 Strength, Stretch & Balance w/Norman (FC) 3:00 Documentary (MR)	8:30 Total Body Fit (FC) 9 9:30 Seated Yoga with Fran (FC) 10:15 Water Aerobics (P) 11:00 Putting (PG) 1:30 Food Committee (CH) 2:30 Functional Fitness & Balance (FC) 3:00 Documentary (MR) 7:30 "Grace and Frankie" (MR)	9:30 Cardio Warmup (FC) 10 9:45 Functional Fitness (FC) 10:30 Strength & Balance (FC) 11:15 Billiards (BLR) 1:00 Library Trip (LB) 2:00 Jerry Powell Book Talk (CH) 2:30 Gentle Motion (FC) 3:00 Documentary (MR) 3:00 \$1 Bingo (EDR) 7:30 "Call the Midwife" (MR)	Patriot Day 11 Rosh Hashanah Begins 8:15 Self-led Water Exercise (P) 9:30 Strength, Stretch & Balance w/Norman (FC) 10:30 Angela's Devotional (CH) 12:00 Fast Food Friday (EN) 3:30 Grandparents Day Happy Hour Party (PR) 4:00 Happy Hour (PR) 7:30 Movie (MR)	10:30 Cardio Warmup (FC) 12 10:45 Strength & Balance (FC) 11:15 Mindful Stretching - Seated (FC) 3:00 Tech with Alex (RA) 4:30 Piano with Alex (EN) 7:30 Movie (MR)
10:20 Grace United Methodist Church (EN) 13 11:00 Pine Valley Methodist Church Pick Up (EN) 6:00 Movie (MR)	8:30 Functional Fitness (FC) 14 9:00 Mindful Stretching (FC) 9:00 W. Aerobics w/ Kerri (P) 10:00 The Chosen (CH) 10:30 Circuit Training (FC) 1:00 Cuba & the Cameraman (MR) 3:00 Documentary (MR) 7:30 Movie (MR)	Brightmore Games Signup Begins! 15 9:30 Cardio Warmup (FC) 9:45 Strength & Balance (FC) 10:30 Gentle Motion (FC) 12:30 Ladies Club Luncheon (EDR) 2:30 Strength, Stretch & Balance w/Norman (FC) 3:00 Documentary (MR)	8:30 Total Body Fit (FC) 16 9:30 Seated Yoga with Fran (FC) 10:15 Water Aerobics (P) 11:00 Historical Story Telling (CH) 11:00 Courtyard Games (CRTY) 12:30 Men's Club Luncheon (EDR) 2:30 Functional Fitness & Balance (FC) 3:00 Documentary (MR) 3:00 Prize Bingo (EDR) 7:30 "Grace and Frankie" (MR)	9:30 Cardio Warmup (FC) 17 9:45 Functional Fitness (FC) 10:30 Strength & Balance (FC) 11:15 Scotti Stingz Concert (FC) 2:30 Gentle Motion (FC) 3:00 Documentary (MR) 3:00 Water Walking (P) 7:00 Forward Motion Dance Company (EN) 7:30 "Call the Midwife" (MR)	8:15 Self-led Water Exercise (P) 18 9:30 Strength, Stretch & Balance w/Norman (FC) 10:30 Wellness Garden Planting (FC) 12:00 Fast Food Friday (EN) 2:00 Mojitos & Fried Plantains (PR) 2:00 Ping Pong & Yarts (FC) 4:00 Happy Hour (PR) 7:30 Movie (MR)	10:30 Cardio Warmup (FC) 19 10:45 Strength & Balance (FC) 11:15 Mindful Stretching - Seated (FC) 3:00 Tech with Alex (RA) 4:30 Piano with Alex (EN) 7:30 Movie (MR)
Yom Kippur Begins 20 10:20 Grace United Methodist Church (EN) 11:00 Pine Valley Methodist Church Pick Up (EN) 6:00 Movie (MR)	8:30 Functional Fitness (FC) 21 9:00 Mindful Stretching (FC) 9:00 W. Aerobics w/ Kerri (P) 10:00 The Chosen (CH) 10:30 Circuit Training (FC) 1:00 Cuban Missile Crisis Documentary (MR) 3:00 Documentary (MR) 7:30 Movie (MR)	First Day of Autumn 22 9:30 Cardio Warmup (FC) 9:45 Strength & Balance (FC) 10:30 Gentle Motion (FC) 11:15 Salsa Dance & Demo (FC) 2:30 Strength, Stretch & Balance w/Norman (FC) 3:00 Documentary (MR)	8:30 Total Body Fit (FC) 23 9:30 Seated Yoga with Fran (FC) 10:15 Water Aerobics (P) 11:00 Bowling & Yarts (FC) 2:30 Functional Fitness & Balance (FC) 2:30 Newcomers/ Birthday Party (DR) 3:00 Documentary (MR) 7:30 "Grace and Frankie" (MR)	8:30 1/2 Mile Walk (FC) 24 9:30 Cardio Warmup (FC) 9:45 Functional Fitness (FC) 10:30 Strength & Balance (FC) 11:00 Terracotta Pot Painting (EDR) 1:30 Salsa & Chips (PR) 2:30 Gentle Motion (FC) 3:00 Documentary (MR) 3:00 \$1 Bingo (EDR) 7:00 "Dracula" @ Thalian Hall (EN) 7:30 "Call the Midwife" (MR)	8:15 Self-led Water Exercise (P) 25 9:30 Strength, Stretch & Balance w/Norman (FC) 12:00 Fast Food Friday (EN) 4:00 Happy Hour (PR) 7:30 Movie (MR)	9:30 Beach Day (EN) 26 3:00 Tech with Alex (RA) 4:30 Piano with Alex (EN) 7:30 Movie (MR)
10:20 Grace United Methodist Church (EN) 27 11:00 Pine Valley Methodist Church Pick Up (EN) 6:00 Movie (MR)	8:30 Functional Fitness (FC) 28 9:00 Mindful Stretching (FC) 9:00 W. Aerobics w/ Kerri (P) 10:00 The Chosen (CH) 10:30 Circuit Training (FC) 3:00 Documentary (MR) 7:30 Movie (MR)	9:30 Cardio Warmup (FC) 29 9:45 Strength & Balance (FC) 10:30 Gentle Motion (FC) 12:30 Pizza Party for School Supplies (EDR) 2:00 Tech Help w/ Renee (RA) 2:30 Strength, Stretch & Balance w/Norman (FC) 3:00 Documentary (MR)	Last Day to Register for Brightmore Games! 30 8:30 Total Body Fit (FC) 9:30 Seated Yoga with Fran (FC) 10:15 Water Aerobics (P) 2:00 Triathalon & Tres Leches (FC) 3:00 Documentary (MR) 7:30 "Grace and Frankie" (MR)	Your activities calendar will be distributed during the last week of each month. The following morning, the sign-up book will be placed at the sign-up desk at 11:30 AM.		
					If transportation requests must be entered in the transportation book located on the first floor. Sign-up close at 5:00 PM the day before your scheduled trip. An address and appointment time are required. Depart from main entrance.	