Educational Studies, Crafts, Art & Games

The Great Courses Educational Study Showing Monday's and Wednesdays at 3:00 pm (MR) Documentary Series: Tuesday & Thursday's 3:00pm (MR) . The World from Above: The World from Above is a unique continuing series of aerial programs offering an entirely different view of the world. **Euchre Group Thursday's, 10:30am (EDR)**

Wellness Wednesday Wednesday's 2:00pm - See wellness calendar for details (FC)

Walking Club Monday's 1:30 - See wellness calendar for details

Brightmore Bible Study Wednesday's 10:45am (CH) A representative from Pine Valley Methodist will be here each Wednesday to host a Bible study. *Begins Sept.17th

Painting w/ Mo Tuesday, September 2nd 2:00pm (SU) EDR A Step by step painting in a relaxed fun atmosphere that anyone can do and enjoy!

Cyber Crime: What you need to know Thursday, September 4th 11am (CH) Grandparent scam, investment scam, government imposter scam, tech abuse and overpayment scams will be discussed and how to not fall victim to them. Presented by Department of Homeland Security Wilmington Secret Service Branch. Brightmore's Book Club: Monday, September 8th 2:00pm (CH) Let's get back together - pick out few books and start fresh! Please bring a friend or neighbor!!

Air Dry Clay Trinket Craft Tuesday, September 9th & 12th 2:00pm (SU)EDR With just some air-dry clay, a pretty napkin, and a little gold Rub 'n Buff, it's easy to create a super cute trinket dish that adds a touch of charm to any space. *please note, we will need two separate dates to complete.

Sip Into Autumn: First Day of Fall Tea Tasting Monday, September 22nd 2:00pm (SU) PR On the first day of Fall—let's cozy up with Queen Esther Teas for a tea tasting! Learn about the many varieties—light snack served...

Devotional w/ Angela Friday, September 19th 10:30am (SU)CH All are welcome! Paws for People Friday, September 19th 11:00am (FC) Paws4people trains and places Assistance Dogs, empowering users to transform their. Today, the trainers will be bringing a few of the dogs - giving the dogs exposer to the community and groups of people! A win for everyone! Tech help with Renee Tuesday, September 30th 2:00pm Sign up or a 15 minute time slot for Renee to come help you with tech help in your apartment.

Fun Fridays! Fridays - Sept. 5th Dance w/ Me Sept.12th Video Game Day Sept. 26th 11am Olympic Obstacle Course * Each Friday at 11am in the Fitness Center

Thank You to everyone who donated to the Back School Supply Drive

Thank you so much to everyone who contributed to the our supply drive! It was a huge success! We were able to collet over 200 items to be donated and \$80 in cash that we used to purchase more supplies! The Second Floor takes the win for the second year in a row!

Pizza party will be: Friday, September 12th at 12:30 pm SU(EDR)

Celebrations, Socials & Entertainment

Resident Led \$1 Bingo Thursday, September 11th & 25th 3:00pm (EDR) Prize Bingo: Wednesday, September 10th & 17th 3:00pm (FC)

NewComers & Birthday Party Friday September 26th 2:30pm. (DR) Come together today to welcome of Brightmore's newest residence and September birthday's! Enjoy Susan Wicken as our entertainer! Wine & Drink Tasting Happy Hour Friday's 4:00pm (PR) Every Friday for a different drink tasting! Weekend Movies: Every *Friday @ 7:30 Saturday @ 7:30pm (MR) & Sunday @ 6:00pm (MR) "The Crown" Thursday 's 7:30pm (MR) "The Crown" is a historical drama series on Netflix that chronicles the reign of Queen Elizabeth II, from her wedding in 1947 to the early 21st century, exploring political events, personal relationships, and the challenges faced by the British monarchy



Movie Matinee



Monday, September 1st at 1:30 (MR)

9 to 5

Office satire about three female secretaries who abducting him and running the business.

Wellness Corner



Welcome Our New Wellness Director Katie! We're thrilled to welcome our new Wellness Director, Katie Neaf—Katie brings fresh energy and exciting ideas to our community. Get ready for a revitalized wellness schedule filled with engaging programs, new decide to get revenge on their tyrannical, sexist boss by classes, and opportunities to stay active, healthy, and connected. Stay tuned—it's going to be a great season.



2324 South 41st St, Wilmington, NC 28403 (910) 350-1980 www.brightmoreofwilmington.com

Wilmington's Preferred Retirement Community



September Special Events ..



Back to School College Sports Week

Tuesday, September 2nd: Sport your favorite schools gear. Hat, jersey, t-shirt or socks! Wednesday, September 3rd - 3:00pm Brews and Bags—cornhole and yard darts competition along with a cold one! Thursday, Sept. 4th: - 3:00pm (PR) Flashback happy Hour—Give Renee a photo of your time in College -Renee is going to make a Slide Show! Chips, Dips & Wings Happy Hour while enjoying flashback photos. Friday, Sept 5th: 10:45 (Su)En Lunch out at Jerry Allen's Sports Bar & Grill.

Ladies Club: Brunch & Bubblies Wednesday, September 10th 10:30am (SU) EDR Gather with some of all the wonderful ladies that live here at Brightmore for a delicious brunch and mimosas! (and some laughs) Monthly Library Trip Thursday, September 11th 2:00pm (SU) EN Since the library can't come to us, we are going to go to them each month. A time to check out and return books monthly. Departure from the library will be 3:15pm. Hispanic Heritage Month September 15 - October 15th 2pm Hispanic Heritage Month recognizes the history, culture, and contributions of people in the United States whose ancestors came from Spain, Mexico, the Caribbean, and Central and South America. Each of the five weeks we will celebrate here at Brightmore! Spanish Cooking Demo Monday, September 15th 2:00pm.(PR) EDR Kicking off the month long celebration with a Latin food cooking demo by Morrison!

Fort Fisher Aquarium Talk: Sea Turtle 911 Tuesday, September 16th 11:00am (SU) CH Today we will be joined from a staff member from the Ft. Fisher Aquarium—they will be talking all things Sea Turtles. What dangers they face, how the public can help. No live sea turtles will be a part of this program.

Men's Club Lunch Wednesday, September 17th 12:30 (SU) EDR Enjoy a casual lunch amongst friends provided by Morrison. Pease sign up by Friday, September 12th

Bald Head Island Day Trip Thursday, September 18th 9am (SU)EN \$60pp We will take the 10:30am ferry from Southport, enjoy lunch on BHI. Following lunch, our tour guides will pick us to enjoy a driving tour of the Island that includes history highlights and time at Old Baldy Lighthouse & the museum. Price includes everything **except** lunch. *Trip is currently wait listed.

Forward Motion Dance Performance Thursday, September 18th 7pm (SU) EN Forward Motion is a dance organization whose mission is to provide local and regional communities with quality modern contemporary dance. Tonight we will enjoy a live performance at Thalian Hall. *If you would like to sign up for this performance, you must see Renee.

Wilmington Symphony Orchestra Saturday, September 20th 7:00pm SU (EN) Opening night with conductor: Peter Askim. Tonight enjoy: Gabriela Ortiz: Kauyumari Algernon Robinson: New Work (World Premiere) commissioned by the Wilmington Symphony Orchestra Pyotr Ilyich Tchaikovsky: Symphony No. 5 in E minor, Op. 64.

Spanish 101 Tuesday, September 23rd 2:00pm. (SU) EDR Uno, Dos, Tres Vamos! Join Renee for an into lesson to Spanish to learn greetings, introductions and more! No experience required!

The Rocky Horror Show at Thalian Hall Thursday, September 25th 7:00pm (SU)EN Music and Lyrics by Richard O'Brien In this cult classic, sweethearts Brad and Janet, stuck with a flat tire during a storm, discover the eerie mansion of Dr. Frank-N-Furter. As their innocence is lost, Brad and Janet meet a houseful of wild characters, including a rocking biker and a creepy butler.

Taste of the World Wednesday, September 24th 2:00pm (SU) EDR Chef Justin is back this month to cook up another tasty meal. This month's meal includes a starter, main course, wine and dessert.

Fast Food Friday(s) (SU)EN Friday September 12th Something Fishy Friday, September 19th Winnie's Friday, September 26th Savorez

September 2025 **Abbreviations**

CH Chapel **CR** Card /Activity Room **EN** Entrance/Main Lobby

FC Fitness Center

SR- 1 Sunroom 1st FL **SR-2** Sunroom 2nd Fl

SR-3 Sunroom 3rd Fl TV-2 Media Room 1st Fl

DR Dining Room

LIBR Library MR Media Room

BLR Billiards Room 2nd Fl

PR Parlor CY Courtyard

AO Activity Office/2nd Floor EDR Extended Dining Rm.

CH 1395 Community

Channel **SU** Sign Up rsvd Reserved

Ind Act. Independent Activity

Arbie Thomas Sept. 2nd Jerry McIntosh Sept. 5th Geneva Reid Sept. 6th Sue Ann Blair Sept. 10th Frances Gritton Sept. 12th Bruno Koch Sept. 13th Janet Sternbach Sept 15th Steven Richard Sept. 15th Peggy Lindenmayer Sept. 17th Lois Moran Sept 19th Betty Pierce Sept. 19th Robert Lataille Sept 19th Sandy Crater Sept. 21st Jane Wright Sept. 23rd Betty Bowker Sept. 24th Lenord Lyle Sept. 27th

Staff Birthdays

Ann Millard Sept. 30th

Jeanne Cole Sept. 13th Gladys Lee Sept. 19th

Sunday Monday

Labor Day No Transportation 1:30 Scrabble Game Ext DR

2:00 Canasta (CR) 1:30 Walking Club

1:30 Movie Matinee (MR) 3:00 Great Courses MR

College Sport Week ? Spirt Wear Day 9:00 Medica Appt. Personal)

Tuesday

9:00 Poker (CR) 1:00 Medical Appt./Personal 2:00 Painting w/ Mo (SU)EDR 3:00 Documentary (MR) 7:15 Chapel Service CH

10:00 Catholic Communion 1:00 Medical Appt./Personal 1:15 Handiwork Group CR 2:00 Wellness Wednesday (FC) 3:00 Great Courses (MR)

3:00 Beers & Bags (CY)

9:00 Medical Appt./Pers

Wednesday

9:00 Medical Appt./ Harris Teeter 10:30 Euchre (EDR) 11:00am Cyber Scam Talk (CH) 3:00 Documentary (MR) 3:00 College Happy Hour - give Renee photos from college (SU) 7:30 "The Crown" (MR)

Thursday

9:00 Medical Appt./ Personal 10:45 Sports Lunch Trip (SU)EN 11:00 Fun Friday (FC) 4:00 Happy Hour (PR) 7:30 Movie (MR)

9:00 Medical Appt./

Friday

2:00 Hand & Foot Canasta CR 7:30 Movie (MR)

Saturday

10:20 Grace United Methodist Bus Pick up (SU) EN 10:45 Pine Valley

Methodist Bus Pick Up (SU) 6:00 Movie (MR)

9:00 Medical Appt./ Walmart 1:00 Medical Appt./Personal 1:30 Scrabble Game Ext DR 2:00 Canasta (CR)

1:30 Walking Club 2:00 Book Club (CH) 3:00 Great Courses MR

9:00 Medical Appt. (Personal) 9:00 Poker (CR)

1:00 Medical Appt./Personal 2:00 Air Dry Clay Craft (SU)EDR 3:00 Documentary (MR) 7:15 Chapel Service CH

9:00 Medical Appt Pers. 10:00 Catholic Communion 10:30 Ladies Brunch (SU)EDR 1:00 Medical Appt./Personal 1:15 Handiwork Group CR 1:30 Food Committee (CH) 2:00 Wellness Wednesday (FC) 3:00 Prize Bingo (EDR)

3:00 Great Courses (MR)

16 9:00 Medical Appt./Personal

3:00 Prize Bingo (FC)

Harris Teeter 10:30 Euchre (EDR) 2:00 Library Trip (SU)EN 1:30 Alterations (FC) 3:00 Documentary (MR) 3:00 \$1 Bingo (EDR) 7:30 "The Crown" (MR)

9:00 Medical Appt./

9:00 Medical Appt./

12 Personal 11:00 Fun Friday (FC) 12:30 Fast Food Friday (SU) 2:00 Air Dry Clay Craft (SU)EDR 4:00 Happy Hour (PR) 7:30 Movie (MR)

13 2:00 Hand & Foot Canasta CR 7:30 Movie (MR)

Housekeeper Appreciation \(\alpha \) Week

10:20 Grace United Methodist Bus Pick up (SU) EN

10:45 Pine Valley Methodist Bus Pick Up (SU) 6:00 Movie (MR)

Start of Hispanic Heritage Month

9:00 Medical Appt. Walmart 1:00 Medical Appt. Personal 2:00 Canasta (CR) 1:30 Scrabble (EDR)

1:30 Walking Club 2:00 Latin Cooking Demo (SU)PR

3:00 Great Courses MR

2:00 Canasta (CR)

3:00 Great Courses MR

9:00 Poker (CR) 11:00 Aquarium Talk (SU)CH 1:00 Medical Appt./Persnl 3:00 Documentary (MR) 7:15 Chapel Service CH

9:00 Medical Appt.Persnl

10:00 Catholic Communion CH $oldsymbol{\mathsf{I}}$ /

10:45 Bible Study (CH) 12:30 Men's Club (SU)EDR 1:00 Medical Appt./Personal 1:15 Handiwork Group CR 2:00 Wellness Wednesday (FC) 3:00 Great Courses (MR)

Harris Teeter 9:00 Bald Head Trip (EN) 10:30 Euchre (EDR) 2:00 Hand & Foot Canasta CR 3:00 Documentary (MR) 3:00 Popcorn Party (SU)PR 7:00 Dance Trip (SU)EN

7:30 "The Crown" (MR)

18

9:00 Medical Appt.Personal 10:30 Devotional (SU)CH 11:00 Paws 4 People (FC) 12:30 Fast Food Friday (SU) 4:00 Happy Hour (PR) 7:30 Movie (MR)

2:00 Hand & Foot Canasta CR 7:00 Orchestra (SU)EN 7:30 Movie (MR)

Resident Birthdays!

10:20 Grace United Methodist Bus Pick up (SU) EN 10:45 Pine Valley Methodist Bus Pick Up (SU) EN 6:00 Movie (MR) 10:20 Grace United

21

Methodist Bus Pick up (SU) 10:45 Pine Valley Methodist Bus Pick Up (SU) 6:00 Movie (MR)

Start of Autumn Rosh Hashanah Begins 9:00 Medical Appt./ WLM 1:00 Medical Appt. /Persnl 1:30 Walking Club 1:30 Scrabble (EDR) 2:00 Tea Tasting (SU)PR

Persnl 9:00 Poker (CR) 1:00 Medical Appt./Persnl 2:00 Spanish Lesson (EDR) 3:00 Documentary (MR) 7:15 Chapel Service CH

9:00 Medical Appt./

9:00 Medical Appt./Pers 10:00 Catholic Communion CH 10:45 Bible Study (CH) 1:00 Medical Appt./Personal :15 Handiwork Group CR :00 Wellness Wednesday (FC) :00 Taste of the World (SU)EDF :00 Great Courses (MR)

25 9:00 Medical Appt./ Harris Teeter 10:30 Euchre (EDR) 3:00 \$1 Bingo (EDR) 7:00 Thalian (SU)EN 7:30 "The Crown" (MR)

9:00 Medical Appt./ Pers 11:00 Fun Friday (FC) 12:30 Fast Food Friday (SU) 2:30 Newcomers/Birthday(DR) 4:00 Happy Hour PR 7:30 Movie (MR)

2.7 2:00 Hand & Foot Canasta CR 7:30 Movie (MR)

9:00 Medical Appt. WLM 1:00 Medical Appt/Personal 1:30 Scrabble (EDR) 1:30 Walking Club 2:00 Canasta (CR) 3:00 Great Courses MR

9:00 Medical Appt./Persnl 9:00 Poker (CR) 1:00 Medical Appt./Persnl 2:00 Tech Help (SU) 3:00 Documentary (MR) 7:15 Chapel Service CH









Your calendar is created to provide you with a variety of activities based around the four components of our Brightmore lifestyle:

> *Intellectual * Physical * Social * Spiritual

Each month your activities calendar will be distributed the last week of the month. The morning after it is

distributed the sign up book will be placed at the sign up desk at 11:30am. You may only sign up one other resident up for

activities.

YOURSTAFF

Lisa Sherrill Executive Director Angela Fox Business Office Manager May Heath Sales and Marketing Director Deana Martin Housekeeping Supervisor April Royal Sales and Marketing Renee Mastrangelo: Life Enrichment

Katie Naeff Wellness Coordinator

Frank Napoleon Maintenance Director John Metzger Maintenance Worker James Head Maintenance Worker **Chad Small** Transportation Jeanne Cole, Catherine Anthony, Donna Spinelli, Yemisi Coker Concierge Justin Abramsky Campus Chef Chris Garner: Director of Dining Services Christine Campbell: Assistant Director of Dining

For <u>all</u> transportation you MUST sign up in the transportation book located on the first floor.

Sign up's end at 5pm the night before. Address and appointment time are required with each trip.

All trips meet in the main entrance.