

The Great Courses Educational Study Showing Mondays and Wednesdays at 3:00 pm (MR)
Documentary Series: Tuesdays & Thursdays 3:00pm (MR) . *The World from Above:* The World from Above is a unique continuing series of aerial programs offering an entirely different view of the world.
Euchre Group Thursdays, 10:30am (EDR)
Wellness Wednesday Wednesdays 2:00pm - See wellness calendar for details (FC)
Walking Club Mondays 1:30 - See wellness calendar for details
Holiday Cards for deployed troops Tuesday, November 11th 1:00pm SU (PR) Would you like to write out a holiday greeting to our hard working men and women? Come by today to write out cards that we will send off to the military for the holiday season! All supplies will be provided.
Craft with Visiting Angles Thursday, November 13 11:00 am SU(EDR)Join Lesa Lynch from Visitng Angles to create some fun holiday themed crafts!
Fall Prevention Class Friday November, 14th 11:00 am SU (CH) Join Natasha from Coastal Home Solutions and Jenna from Griswold Home Care for an informative discussion on maintaining safety and independence as you age. They'll share practical tips and resources to help you stay confident and supported in daily life.
Holiday Cheeseball Class Tuesday, November 18th 11:00am (SU) EDR Led by our very own April Royal, come learn how to make the perfect appetizer for any occasion that is easy and delicious!
Brightmore's Book Club: Wednesday, November 19th 2:00pm (CH)
Murder Takes a Vacation by Laura Lippman
 December book: ***The Other Einstein*** by Marie Benedict
 January book - ***Broken Country*** by Clare Leslie Hall
Friends School of Wilmington Thursday, November 20th 10:00am (PR) The First Graders will be back to visit and enjoy an activity with us. They are so much fun to be with! Don't miss out!
Devotional w/ Angela Friday, November 21st 10:30am (SU)CH All are welcome!
Paws for People Monday, November 24th 2:00pm (FC) Paws4people trains and places Assistance Dogs, empowering users to transform their lives. Today, the trainers will bring a few of the dogs - giving the dogs exposure to the community and groups of people! A win for everyone!
Painting w/ Mo Tuesday, November 25th 2:00pm (SU) EDR A Step by step painting in a relaxed fun atmosphere that anyone can do and enjoy!
Tech help with Renee Tuesday, November 25th 2:00pm Sign up or a 15 minute time slot for Renee to come help you with tech help in your apartment. ** I am unable to do house calls any other time of the month.*
Fun Fridays! Friday, November 14th 2:45pm - Billiards (billiards room)
 Friday, November 28th - Healthy Snacks (FC)

Celebrations, Socials & Entertainment

Resident Led \$1 Bingo Thursday, November 6th & 13th 3:00pm (EDR)
Prize Bingo: Wednesday, November 12th 3:00pm (FC)
Newcomers & Birthday Party Friday November 21st 2:30pm. (DR) Come together today to welcome of Brightmore's newest residence and November birthday's! Enjoy The Carolina Jerry Davis as our entertainer!
Wine & Drink Tasting Happy Hour Fridays 4:00pm (PR) Every Friday for a different drink tasting!
The Marvelous Mrs. Maisel Wednesdays 7:30 pm The Marvelous Mrs. Maisel follows Miriam "Midge" Maisel, a 1950s housewife whose life is upended when her husband leaves her, leading her to discover a hidden talent for stand-up comedy. **Begins Oct. 1st.**
"The Crown" Thursdays 7:30pm (MR) "The Crown" is a historical drama series on Netflix that chronicles the reign of Queen Elizabeth II, from her wedding in 1947 to the early 21st century, exploring political events, personal relationships, and the challenges faced by the British monarchy
Weekend Movies: Every *Friday @ 7:30 Saturday @ 7:30pm (MR) & Sunday @ 6:00pm (MR)

Did You Know?

Why we celebrate modern day Thanksgiving!

The first Thanksgiving was held in 1621. It was a three-day harvest feast shared by the Plymouth colonists and the Wampanoag people in what is now

Plymouth, Massachusetts



Wellness Corner

November is for OLYMPICS!

We are taking the month of November to get ready for our annual GAMES.

Come practice with us for the upcoming Brightmore Games.

Residents who sign-in and participate in 10 or more practice sessions for the month win a PRIZE!



November

Brightmore's November Special Events ...

November 3rd through the 7th are the Brightmore Olympics!

Brightmore Olympics November 3rd - November 7th What a great week we are going to have! The Olympics is a time to be active and have FUN! We are so happy to see a large response to registrations! The sign-up book will go out the same time and day as the regular program sign-up book. Please see insert for schedule.

Flu Shot Clinic Tuesday, November 5th Stay tuned for more info on times.

Downtown Library Trip Thursday, November 6th 1:30pm (SU) EN Since the library can't come to us, we are going to go to them each month. A time to check out and return books monthly. This month only, we will be visiting the **NEW downtown Library**. If you have books to return and you checked them out AT a different branch, you are permitted to return them to the downtown library!!! *Departure from the library will be 3:15pm.*

Freddy Tripp Concert Friday, November 7th 11:30am.(FC) Closing out the week of the Brightmore Olympics will be a fun and entertaining concert by Freddy Tripp! Freddy performs beach music, pop, classics, and more!

If you did not sign up for the Brightmore Olympics the show is \$5 at the door .

Veterans Day Mary Mikels Show Tuesday, November 11th 3:00pm (SU)FC Born totally blind, Mary has been singing her whole life! Featured on the show American Idol, Mary has been enjoyed by so many! Today she will feature classic patriotic American music, showtunes and more! **All Veterans are encouraged to attend to be honored!*

Holiday Shopping and Lunch at Mayfair Wednesday, November 12th 11:45am (SU)EN With a plethora of shopping and dinning options, there is something for everyone at this outdoor mall! Enjoy lunch on your own as you have free time to shop and explore as you please to get ready for the holidays!

Historic Wilmington Driving Tour Thursday, November 13th 12:40pm SU (EN) Robin Triplett is back to give us a tour of some historic hot spots in and around Wilmington. This two-hour driving tour highlights everything from Oakdale Cemetery to the Battleship. *(Tips will be collected for the guide at the end of the trip).*

National Pickle Day: Tasting, Trivia, and Happy Hour Friday, November 14th 3:30pm (SU) PR

Ancient leaders, like Cleopatra and Julius Caesar, believed pickles provided strength - I believe they bring happiness! Join us today for a fun and tasty hour with pickle prizes to the most pickily person!

Ladies Club: Lunch & Laugh Tuesday, November 18th 12:30am (SU) EDR Gather with some of the wonderful ladies that live here at Brightmore for a delicious lunch and a cocktail! (and some laughs)

Men's Club Lunch Wednesday, November 19th 12:30 (SU) EDR Enjoy a casual lunch amongst friends provided by Morrison. *Pease sign up by Friday, November 17th.*

Liberty Healthcare 150th Birthday Wednesday, November 19th 3:00pm FC Liberty Healthcare turns 150 years old in November! Drop in today for a piece of cake, punch, and to view a highlight video the co-operate office put together to say thank you!

Chamber Music: Renaissance String Quartet Sunday, November 23rd 3:30pm (SU)EN This is the 30th year of Chamber music in Wilmington! Today, enjoy *The Renaissance String Quartet* as they bring a bold vision to chamber music.

Turkey Trot & Thankful Breads Tuesday, November 25th 10am Walk or trot—either way just join us for a fun tradition of walking around the Brightmore pond before we come back to the parlor to enjoy some homemade quick breads made by staff! Prizes for laps will be given this year!!!

Movie Matinee Wednesday, November 26th 2:00pm (MR) Planes, Trains & Automobiles

A Thanksgiving holiday classic about a journey home featuring Steve Martin and John Candy.

Fast Food Friday(s) (SU)EN 12:30pm Friday November 7th Casey's

Abbreviations

CH Chapel
CR Card /Activity Room
EN Entrance/Main Lobby
FC Fitness Center
SR- 1 Sunroom 1st FL
SR-2 Sunroom 2nd FI
SR-3 Sunroom 3rd FI
TV-2 Media Room 1st FI
DR Dining Room
LIBR Library
MR Media Room
BLR Billiards Room 2nd FI
PR Parlor
CY Courtyard
AO Activity Office/2nd Floor
EDR Extended Dining Rm.
CH 1395 Community Channel
SU Sign Up
rsvd Reserved
Ind Act. Independent Activity

Resident Birthdays!

Ron Upton Nov. 6th
Wray Satterfield Nov. 7th
Steve Baker Nov. 7th
Marie Cullerton Nov. 9th
Robin Johnson Nov. 11
Elaine Colton Nov. 17th
Richard Leeds Nov. 20th
Bruce Bowker Nov. 21st
Jacquie Flanigan Nov. 21st
Stephanie Murphy Nov. 21st
Rhonda Frazee Nov. 25th
Helen Idol Nov. 29th
Judith Chertier Nov. 30th

Staff

Chad Small Nov. 16th

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 Daylight Saving Time 2 10:20 Grace United Methodist Bus Pick up (SU) EN 10:45 Pine Valley Methodist Bus Pick Up (SU)EN 6:00 Movie (MR)	 Olympics Week 3 9:00 Medical Appt./ Walmart 1:00 Medical Appt./Personal 1:30 Scrabble Game Ext DR 2:00 Canasta (CR) 1:30 Walking Club 3:00 Great Courses MR	 Election Day 4 9:00 Medical Appt. (Personal) 9:00 Poker (CR) 1:00 Medical Appt./Personal 3:00 Documentary (MR) 7:15 Chapel Service CH	 9:00 Medical Appt Pers. 10:00 Catholic Com. (CH) 1:00 Medical Appt./Personal 1:15 Handiwork Group CR 3:00 Great Courses (MR) 7:30 “Fabulous Mrs. Maisel” (MR) *Flu Shot Clinic time TBD	 9:00 Medical Appt./ Harris Teeter 10:30 Euchre (EDR) 1:30 Library Trip (SU)(EN) 3:00 Documentary (MR) 3:00 \$1 Bingo (EDR) 7:30 “The Crown” (MR)	 2:00 Hand & Foot Canasta CR 7:30 Movie (MR)	2:00 Hand & Foot Canasta CR 7:30 Movie (MR)
10:20 Grace United Methodist Bus Pick up (SU) EN 10:45 Pine Valley Methodist Bus Pick Up (SU) 6:00 Movie (MR) 9	9:00 Medical Appt. Walmart 1:00 Medical Appt. Personal 2:00 Canasta (CR) 1:30 Scrabble (EDR) 1:30 Walking Club 3:00 Great Courses MR 10	9:00 Medical Appt. Persnl 9:00 Poker (CR) 1:00 Cards to Military su(PR) 1:00 Medical Appt./Personal 3:00 Documentary (MR) 3:00 Mary Mikels Show (SU) (FC) 7:15 Chapel Service CH 11	9:00 Medical Appt./Personal 10:00 Catholic Communion CH 11:45 Mayfair Trip SU(EN) 1:00 Medical Appt./Personal 1:15 Handiwork Group CR 1:30 Food Committee (CH) 3:00 Great Courses (MR) 3:00 Prize Bingo (FC) 7:30 “Fabulous Mrs. Maisel” (MR) 12	9:00 Medical Appt./ Harris Teeter 10:30 Euchre (EDR) 12:40 Driving Tour (SU)EN 2:00 Hand & Foot Canasta CR 3:00 Documentary (MR) 3:00 \$1 Bingo (EDR) 7:30 “The Crown” (MR) 13	9:00 Medical Appt. Personal 11:00 Fall Prevention Talk (SU) CH 12:30 Fast Food Friday (SU) 2:45 Fun Friday - Billiards (SU) 3:30 Pickle Day Happy Hour 7:30 Movie (MR) 14	2:00 Hand & Foot Canasta CR 7:30 Movie (MR) 15
10:20 Grace United Methodist Bus Pick up (SU) EN 10:45 Pine Valley Methodist Bus Pick Up (SU) EN 6:00 Movie (MR) 16	9:00 Medical Appt./ WLM 1:00 Medical Appt. /Persnl 1:30 Walking Club 1:30 Scrabble (EDR) 2:00 Canasta (CR) 3:00 Great Courses MR 17	9:00 Medical Appt./ Personal 9:00 Poker (CR) 11:00 Chees Ball Class (SUE DR) 12:30 Ladies Club (SU)EDR 1:00 Medical Appt./Persnl 3:00 Documentary (MR) 7:15 Chapel Service CH 18	9:00 Medical Appt./Pers 10:00 Catholic Comm. 12:30 Men’s Lunch (SU)EDR 1:00 Medical Appt./Personal 1:15 Handiwork Group CR 2:00 Book Club (CH) 3:00 Great Courses (MR) 3:00 Liberty Birthday Video (FC) 7:30 “Fabulous Mrs. Maisel” (MR) 19	9:00 Medical Appt./ Harris Teeter 10:00 Friends 1st Graders (SU) PR 10:30 Euchre (EDR) 3:00 Resident Association Meeting (FC) 7:30 “The Crown” (MR) 20	9:00 Medical Appt./ Pers 10:30 Devotional (SU)CH 2:30 Newcomers/Birthday(DR) 4:00 Happy Hour PR 7:30 Movie (MR) 21	2:00 Hand & Foot Canasta CR 7:30 Movie (MR) 22
10:20 Grace United Methodist Bus Pick up (SU) 10:45 Pine Valley Methodist Bus Pick Up (SU) 3:30 Chamber Music Trip (SU) 6:00 Movie (MR) 23	9:00 Medical Appt. WLM 1:00 Medical Appt/Personal 1:30 Scrabble (EDR) 1:30 Walking Club 2:00 Canasta (CR) 2:00 Paws for People (FC) 3:00 Great Courses MR 24	9:00 Medical Appt./Persnl 9:00 Poker (CR) 10:00 Turkey Trot (SU)EN 1:00 Medical Appt./Persnl 2:00 Tech Help (SU) 2:00 Painting w/ Mo (SU)EDR 3:00 Documentary (MR) 7:15 Chapel Service CH 25	9:00 Medical Appt./Pers 10:00 Catholic Communion CH 1:00 Medical Appt./Personal 1:15 Handiwork Group CR 2:00 Movie Matinee (MR) 3:00 Great Courses (MR) 7:30 “Fabulous Mrs. Maisel” (MR) 26	Happy Thanksgiving 27 NO TRANSPORTATION 7:30 “The Crown” (MR) 27	NO TRANSPORTATION 4:00 Happy Hour PR 7:30 Movie (MR) 28	2:00 Hand & Foot Canasta CR 7:30 Movie (MR) 29
Your calendar is created to provide you with a variety of activities based around the four components of our Brightmore lifestyle: *Intellectual * Physical * Social * Spiritual	Each month your activities calendar will be distributed the last week of the month. The morning after it is distributed the sign up book will be placed at the sign up desk at 11:30am. You may only sign up one other resident up for activities.	YOURSTAFF Lisa Sherrill Executive Director Angela Fox Business Office Manager May Heath Sales and Marketing Director Deana Martin Housekeeping Supervisor April Royal Sales and Marketing Associate Renee Mastrangelo: Life Enrichment Coordinator Kati Naef Wellness Coordinator	Frank Napoleon Maintenance Director John Metzger Maintenance Worker James Head Maintenance Worker Chad Small Transportation Jeanne Cole, Catherine Anthony, Donna Spinelli, Yemisi Coker Concierge Justin Abramsky Campus Chef Chris Garner: Director of Dining Services Christine Campbell: Assistant Director of Dining Services Tracie Wilkins , Gladys Lee, Katelynn Frazier, Amie Nixon, Mary Harrington, Housekeepers		For <u>all</u> transportation you MUST sign up in the transportation book located on the first floor. Sign ups end at 5pm the night before. Address and appointment time are required with each trip. <u>All trips meet in the main entrance.</u>	