

The Great Courses Educational Study Showing Monday's and Wednesdays at 3:00 pm (MR)

Documentary Series: Tuesday & Thursday's 3:00pm (MR) . *The World from Above*: The World from Above is a unique continuing series of aerial programs offering an entirely different view of the world.

Euchre Group Thursday's, 10:30am (EDR)

Wellness Wednesday Wednesday's 2:00pm - See wellness calendar for details (FC)

Mall Walking Club Monday's 1:30 - (SU)EN See wellness calendar for details

Hearing Life: First Friday of the month starting at 11am (SU)

"Try It" Foods Friday, January 2nd 11:30 am (PR) Kombucha - A fizzy, fermented tea drink made with sweetened tea, yeast, and bacteria (SCOBY) **Friday, January 9th 11:30am (PR)** Apricot Day

Monday, January 12th 3:00pm (PR) Curried Chicken Day **Tuesday, January 20th (PR)** Cheese Day A variety of new and tasty cheese's **Monday, January 26th 9:30am (PR)** Green Juice Day

Vision Boards for 2026 Monday, January 5th 11am (SU)EDR A vision board is a collage of images and words representing a person's wishes or goals, intended to serve as inspiration or motivation. **Today we will create our own to help us stay focused in 2026!**

Painting w/ Mo Tuesday, January 6th 2:00pm (SU) EDR A Step by step painting in a relaxed fun atmosphere that anyone can do and enjoy!

Why Stories? w/ Lynda Johnston Wednesday, January 7th 11:15am (SU)CH Personal stories/folklore that explain why Lynda thinks storytelling is an important part of life and why she tells them.

Episcopal Church Service & Communion Sunday, January 11th 3:30 pm (CH) Every second Sunday of the month join in for this 30minute service.

India, Country of the Month: Homemade Curry Seasoning Monday, January 12th 2:00pm SU(PR) Don't' worry it's not spicy—perfect for adding flavor to rice or meats at home or gift!

Brightmore's Book Club: Wednesday, January 21st 2:00pm (CH)

Broken Country by Clare Leslie Hall February Book : "The Guardian" By Nicolas Sparks

Friends School of Wilmington Thursday, January 15th 9:00am (PR) The First Graders will be back to visit and enjoy an activity with us. They are so much fun to be with! Don't miss out!

Devotional w/ Angela Friday, January 16th 10:30am (SU)CH All are welcome!

Cap Tel Information Talk Tuesday January 27th 11am (SU)CH Ideal for people with hearing loss, CapTel works like any other phone – plus you see captions of everything the caller says. Stop by today to see how you can get one for no charge.

Tech help with Renee Tuesday, January 27th 2:00pm Sign up or a 15 minute time slot for Renee to come help you with tech help in your apartment. * I am unable to do house calls any other time of the month.

Celebrations, Socials & Entertainment

Resident Led \$1 Bingo Thursday, January 8th & 22th 3:00pm (EDR)

Prize Bingo: Wednesday, January 7th & 21st 3:00pm (FC)

Newcomers & Birthday Party Monday January 30th 10am. (DR) Come together today to welcome of Brightmore's newest residence and January birthday's! Enjoy new to Brightmore Jim Quales as our entertainer! *Note the different time.

Wine & Drink Tasting Happy Hour Friday's 4:00pm (PR)

The Marvelous Mrs. Maisel Wednesday's 7:30 pm The Marvelous Mrs. Maisel follows Miriam "Midge" Maisel, a 1950s housewife whose life is upended when her husband leaves her, leading her to discover a hidden talent for stand-up comedy.

"The Crown" Thursday 's 7:30pm (MR) "The Crown" is a historical drama series on Netflix that chronicles the reign of Queen Elizabeth II, from her wedding in 1947 to the early 21st century, exploring political events, personal relationships, and the challenges faced by the British monarchy

Did You Know?

Contest Time

What is the coldest temperature ever recorded in Wilmington NC?



Enter your guess by Renee's door!

Wellness Corner



Some exciting things are happening in the Fitness Center in 2026! Check out the Wellness Calendar for some great events and the January Challenge: New Year = New You!

January

Brightmore's January Special Events ...

Happy New Year! I am very much looking forward to a fresh start and some fun new programming and events! Starting this month and continuing on throughout 2026 will be a series of programs each month based on a country around the world! Kati and I will also be offering a variety of try it foods - giving all of us an opportunity to sample a food that is new and adventurous!

Evening Piano with Grace Wednesday, January 7th 5pm (EN) Once a month enjoy a performance of some piano music by local teen musician—Grace Dixon. She will play for 30 minutes.

Lunch & Tour at the CAM Cafe Thursday, January 8th 10:45 am (SU)EN Enjoy lunch at the CAM Café followed by a guided tour. Tour is \$20 pp—payable on site before the tour.

Pine Valley Library Trip Thursday, January 15th 1:30pm (SU) lobby Since the library can't come to us, we are going to go to them each month. A time to check out and return books monthly. *Departure from the library is 3:00pm.*

Wilmington Symphony Orchestra : Young Peoples Concert Sunday, January 18th 3:30pm (SU) EN You will be wowed by these your musicians performing: Peter and the Wolf, Rat Race, William Tell Overture

Talk on India Tuesday, January 20th 11am (SU) CH Today join Mark Tippett, local pastor of "The Sanctuary" who once served as a missionary in India and will be at Brightmore to talk on the country.

Ladies Club Lunch Tuesday, January 20th 12:30am SU(EDR) An afternoon with your friends and neighbors to enjoy a delicious meal made by Chef Justin! Come ready to laugh and enjoy our first lunch in 2026! *This program fills quickly, if you are on the wait list you are welcome to come the day of and wait and see if there are spots available.

Martin Luther King Jr: His Legacy and Connections to Wilmington Wednesday, January 21st 11am (CH) Join Cedric Harrison from Wilmington in Color and local historian and passionate about the rich history of African Americans in Wilmington, NC. Cedric will be here to talk on the legacy of MLK JR and his connections to our community.

Men's Club Lunch Wednesday, January 21st 12:30pm (SU)EDR Enjoy a delicious meal amongst friends!

Pet Therapy Visits Thursday, January 22nd 10am (SU) A volunteer would like to bring his pet therapy dog to your apartment for 15 minute visits. Sofi is a loveable Irish Wolfhound who would like to come visit you! PLEASE BE HOME IF YOU SIGN UP.

Semi - Formal Winter Ball January 23rd 2:00pm SU (CH) The CHC Dancers return to lead us in a afternoon of fun and dancing! Light refreshments served. Come dressed in your winter best!

Pine Valley Methodist Ukulele Band Sunday, January 25th 4:00pm (SU)FC Back by popular demand, This band will put a smile on your face and have your singing a long!

Taste of the World Tuesday, January 27th 2:00pm (SU)EDR Chef Justin is back with another wonderful meal from around the world!

Dé-jà vu Performance Wednesday, January 28th 2:00 (SU) CH Enjoy a performance by this all female Ensemble that has been performing for Brightmore for years!

Consignment Shopping Thursday, January 29th 1:00pm (SU)EN Hop on the bus for an afternoon at Clothes Mentor and Fair Circle!

Fast Food Friday(s) (SU)EN 12:00pm Friday January 2nd Zocalo Friday, January 9th Post Friday January 16th Boathouse Friday January 30th Vito's



January 2026

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Abbreviations

CH Chapel
CR Card /Activity Room
EN Entrance/Main Lobby
FC Fitness Center
SR- 1 Sunroom 1st FL
SR-2 Sunroom 2nd FL
SR-3 Sunroom 3rd FL
TV-2 Media Room 1st FL
DR Dining Room
LIBR Library
MR Media Room
BLR Billiards Room 2nd FL
PR Parlor
CY Courtyard
AO Activity Office/2nd Floor
EDR Extended Dining Rm.
CH 1395 Community Channel
SU Sign Up
svd Reserved
nd Act. Independent Activity

Resident Birthdays!

Jane Saintsing Jan. 3rd
Robert Weeks Jan. 5th
Bill Zimmerman Jan. 9th
Sandy Frazier Jan. 13th
Margo Stafford Jan. 14th
Renee Lerner Jan. 21st
Jane Jones Jan. 22nd
Ruth Brune Jan. 23rd
Nancy Zimmerman Jan. 27

 Catherine Jan 6th

Angela Fox Jan. 18th



Happy New Year! 1
Welcome 2026!



No Transportation today
New Year Buffet Served at your brunch time

9:00 Medical Appt./
Personal
11:00 Hearing Life (CR)
11:30 Try Kombucha (PR)
12:00 Fast Food Friday (SU)
4:00 Happy Hour (PR)
7:30 Movie (MR)

2:00 Hand & Foot
Canasta CR
7:30 Movie (MR)

3

4
 10:20 Grace United Methodist Bus Pick up (SU)
 10:45 Pine Valley Methodist Bus Pick Up (SU)
6:00 Movie (MR)

5
 9:00 Medical Appt./ Walmart
11:00 Vision Boards (SU)EDR
 1:00 Medical Appt./Personal
 1:30 Scrabble Game Ext DR
 2:00 Canasta (CR)
1:30 Mall Walking Club
3:00 Great Courses MR

6
 9:00 Medical Appt Pers.
 10:00 Catholic Com. (CH)
11:15 Story Telling (SU)CH
 1:00 Medical Appt./Personal
2:00 Painting w/ Mo (SU)EDR
3:00 Documentary (MR)
 7:15 Chapel Service CH

7
 9:00 Medical Appt. Pers.
 10:00 Catholic Com. (CH)
11:15 Story Telling (SU)CH
 1:00 Medical Appt./Personal
 1:15 Handiwork Group CR
 3:00 Great Courses (MR)
 3:00 Prize Bingo (FC)
 5:00 Piano by Grace (EN)
 7:30 "Fabulous Mrs. Maisel" (MR)

8
 9:00 Medical Appt./ Harris Teeter
10:30 Euchre (EDR)
 10:45 CAM Trip (SU)EN
 3:00 Documentary (MR)
 3:00 \$1 Bingo (EDR)
 7:30 "The Crown" (MR)

9
2:00 Hand & Foot
Canasta CR
7:30 Movie (MR)

10

11
 10:20 Grace United Methodist Bus (SU)
 10:45 Pine Valley Methodist Bus (SU)
 3:30 Episcopal Church Communion (CH)
6:00 Movie (MR)

12
 9:00 Medical Appt. Walmart
 1:00 Medical Appt. Personal
 2:00 Canasta (CR)
1:30 Scrabble (EDR)
1:30 Mall Walking Club
2:00 Indian Spice Craft (SU)PR
3:00 Try It Ck. Curry (PR)
3:00 Great Courses MR

13
 9:00 Medical Appt. Persnl
9:00 Poker (CR)
 1:00 Medical Appt./Persnl
3:00 Documentary (MR)
 7:15 Chapel Service CH

14
 9:00 Medical Appt./Personal
 10:00 Catholic Communion
1:00 Medical Appt./Personal
 1:15 Handiwork Group CR
 1:30 Food Committee (CH)
3:00 Great Courses (MR)
 7:30 "Fabulous Mrs. Maisel" (MR)

15
 9:00 Medical Appt./HT
9:00 Friends School 1st Graders (SU)PR
10:30 Euchre (EDR)
1:30 Library Trip (SU)(EN)
 2:00 Hand & Foot Canasta CR
 3:00 Resident Advisory Meeting
3:00 Documentary (MR)
 7:30 "The Crown" (MR)

16
2:00 Hand & Foot
Canasta CR
7:30 Movie (MR)

17

18
 10:20 Grace United Methodist Bus Pick up (SU)
 10:45 Pine Valley Methodist Bus Pick Up (SU)
3:30 Orchestra Trip (SU)EN
6:00 Movie (MR)

19
 9:00 Medical Appt./ Persnl
9:00 Poker (CR)
11:00 Talk on India (SU)CH
12:30 Ladies Lunch (SU)EDR
 1:00 Medical Appt./Persnl
3:00 Documentary (MR)
3:00 Try It Cheese (PR)
 7:15 Chapel Service CH

20
 9:00 Medical Appt./Pers
 10:00 Catholic Comm.
11:00 MLK Talk (SU)CH
12:30 Men's Lunch (SU)EDR
 1:00 Medical Appt./Personal
 1:15 Handiwork Group CR
3:00 Great Courses (MR)
2:00 Book Club (CH)
3:00 Prize Bingo (FC)
 7:30 "Fabulous Mrs. Maisel"

21
 9:00 Medical Appt./ Harris Teeter
10:00 Pet Visits (SU)
10:30 Euchre (EDR)
 2:00 Hand & Foot Canasta CR
3:00 \$1 Bingo (EDR)
3:00 Documentary (MR)
 7:30 "The Crown" (MR)

22
9:00 Medical Appt./ Pers
2:00 Semi- Formal Winter Ball (SU)FC
7:30 Movie (MR)

24

25
 10:20 Grace United Methodist Bus Pick up (SU)
 10:45 Pine Valley Methodist Bus Pick Up (SU)
4:00 PVMC Ukulele Band (FC)
6:00 Movie (MR)

26
 9:00 Medical Appt. WLM
9:30 Try It Green Juice (PR)
 1:00 Medical Appt./Personal
 1:30 Scrabble (EDR)
1:30 Mall Walking Club
 2:00 Canasta (CR)
3:00 Great Courses MR

27
 9:00 Medical Appt./Persnl
9:00 Poker (CR)
11:00 Cap Tell Talk (SU)CH
 1:00 Medical Appt./Persnl
2:00 Tech Help (SU)
2:00 Taste of the World (SU)EDR
3:00 Documentary (MR)
 7:15 Chapel Service CH

28
 9:00 Medical Appt./ Pers
 10:00 Catholic Communion CH
 1:00 Medical Appt./Personal
 1:15 Handiwork Group CR
2:00 Deja Vu Performance (SU)CH
3:00 Great Courses (MR)
 7:30 "Fabulous Mrs. Maisel" (MR)

29
 9:00 Medical Appt./ Harris Teeter
10:30 Euchre (EDR)
1:00 Consignment Trip (SU)EN
 2:00 Hand & Foot Canasta CR
3:00 Documentary (MR)
 7:30 "The Crown" (MR)

30
2:00 Hand & Foot
Canasta CR
7:30 Movie (MR)

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Your calendar is created to provide you with a variety of activities based around the four components of our Brightmore lifestyle:
 *Intellectual * Physical
 * Social * Spiritual

The morning after it is distributed the sign up book will be placed at the sign up desk at 11:30am. You may only sign up one other resident up for activities.

YOURSTAFF
 Lisa Sherrill Executive Director
 Angela Fox Business Office Manager
 May Heath Sales and Marketing Director
 Deana Martin Housekeeping Supervisor
 April Royal Sales and Marketing Associate
 Renee Mastrangelo: Life Enrichment Coordinator
 Kati Naef Wellness Coordinator

Frank Napoleon Maintenance Director
 John Metzger Maintenance Worker
 James Head Maintenance Worker
 Chad Small Transportation
 Jeanne Cole, Catherine Anthony, Donna Spinelli, Yemisi Coker Concierge
 Justin Abramsky Campus Chef
 Chris Garner: Director of Dining Services
 Christine Campbell: Assistant Director of Dining Services
 Tracie Wilkins, Gladys Lee, Katelynn Frazier, Amie Nixon, Mary Harrington, Mary Rand Housekeepers

For **all** transportation you MUST sign up in the transportation book located on the first floor.

Sign up's end at 5pm the night before. Address and appointment time are required with each trip.

All trips meet in the main entrance.