

## Learning, Creative Arts & Spiritual Life

**The Great Courses Educational Study & Documentary Series Monday - Thursday at 3:00 pm**

(MR) Will now be show Monday – Thursday one series at a time.

**Rosary & Way of the Cross Friday's in April 3:00pm (CH)** \*Final meeting on 4/3

**Hearing Life: First Friday of the month starting at 11am (SU)**

**Foods of the Month in April Wednesday, April 8th 10:00am (SU)PR** \*Empanadas **Friday, April 9th 2pm (PR)** \*Lemonda Suica (from Brazil)

**Tech help with Renee Tuesday, April 14th 2:00pm** Sign up or a 15 minute time slot.

**Devotional w/ Angela Friday, April 17th 10:30am (SU)CH** All are welcome!

**Sunshine Stems Craft Tuesday, April 21st 2:00pm (SU)EDR** \*With Lisa

**Sea Glass Art w/ Visiting Angels Wednesday April 22nd 11:00am SU(EDR)**

**Pet Therapy Visits Friday, April 24th 9:45am (SU)**

**Chiropractor Talk Tuesday, April 28th 10:30am (SU)CH** \*Donuts & Coffee Provided

## Bingo & On-Screen Entertainment

**Resident Led \$1 Bingo Thursday, April 2nd & 16th 3:00pm (EDR)**

**Prize Bingo: Wednesday, April 15th 3:00pm (FC)**

**The Marvelous Mrs. Maisel Wednesday's 7:30 pm (MR)**

**"The Crown" Thursday's 7:30pm (MR)**

**Weekend Movies: Friday @ 7:30 Saturday @ 7:30pm & Sunday @ 6:00pm**

**Monday at 7:30pm (MR)**

### Did You Know?

The Brazilian Amazon is the world's largest tropical rainforest, spanning 5.5 million square kilometers and containing 10% of the world's known biodiversity. It houses nearly 400 billion trees that act as a massive carbon sink. It is home to roughly 400-500 indigenous tribes, including 50+

### Wellness Corner

April is stress awareness month! Join the fitness challenge & see if it makes you feel better! The pool is now open M-TH 8-10 & 12:30-8 & 8-8 on Friday. Remember to swim with a buddy!

### April Birthdays

Dumay Gorham - April 3  
Syvaughn Clemmons - April 3  
Lalitha Mathew - April 13  
William Glenn Alphin April 13  
Joyce Wardrip - April 20  
George Casola - April 21  
Arlene Stachowski - April 22  
Louise Gorham - April 29

### Staff Birthdays

Yemisi Coker April 10th  
Frank Napoleon April 18th  
April Royal April 18th



### YOUR STAFF

**Lisa Sherrill**  
Executive Director  
**Angela Fox**  
Business Office Manager  
**May Heath**  
Sales and Marketing Director  
**Deana Martin**  
Housekeeping Supervisor  
**April Royal**  
Sales and Marketing Associate  
**Renee Mastrangelo:**  
Life Enrichment Coordinator  
**Kati Naef**  
Wellness Coordinator  
**Frank Napoleon**  
Maintenance Director

**John Metzger**  
Maintenance Worker  
**James Head**  
Maintenance Worker  
**Chad Small**  
Transportation  
**Jeanne Cole, Catherine Anthony, Donna Spinelli, Yemisi Coker**  
Concierge  
**Justin Abramsky**  
Campus Chef  
**Chris Garner:**  
Director of Dining Services  
**Christine Campbell:**  
Assistant Director of Dining Services  
**Tracie Wilkins, Gladys Lee, Katelynn Frazier, Amie Nixon, Mary Harrington**  
Housekeepers

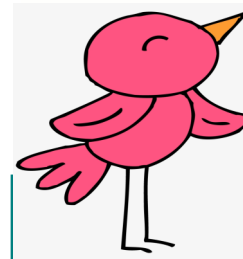


2324 South 41<sup>st</sup> St, Wilmington, NC 28403

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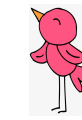
www.brightmoreofwilmington.com

Wilmington's Preferred Retirement Community



# April

April 2026



## Featured Programs

**2nd Floor Tea Party Wednesday April 1st 2:00pm (SU)EDR** \*Details on weekly

**Evening Piano with Grace Wednesday, April 1st 5pm (EN)**

**Pine Valley Library Trip Thursday, April 2nd 1pm (SU)EN**

**Talk & Slideshow on Brazil Friday, April 3rd 10:30am (SU) CH**

**Paws 4 People Tuesday April 7th 11:30am (FC)**

**Thalian Community Theater: "Wizard of Oz" Thursday, April 9th 7pm (SU) EN**

**Dale Cinski Performance Saturday, April 11th 2:00pm (SU)FC**

**Art Class with local artist Mitzy Jonkher Tuesday, April 14th 10:30am (SU)EDR**

**Historical Storytelling & Music Wednesday, April 15th 11:00am (SU)CH**

**Friends School of Wilmington - First Grade Students -Tuesday, April 16th 10:30 am (SU)PR**

**Educational Presentation on Venus Flytraps by Carolina Land Trust Thursday, April 16th 1:30pm (SU)CH**

**Newcomers & April Birthday Party Friday, April 17th 2:30pm (DR)** \*All residents encouraged to attend! Welcome performer Eric Metts!

**Brightmore's Book Club: A Book that Changed Your Life Wednesday, April 18th 2:00pm (CH)** *May: "Theo of Golden" By. Allen Levi* *June: "Remarkably Bright Creatures" By: Shelby Van Pelt*

**Ladies' Club Luncheon Tuesday, April 21st 12:30pm (SU)ESR** \*Menu announced the week prior.

**Men's Club Luncheon Wednesday, April 22nd 12:30pm(SU)EDR** \*Menu announced the week prior.

**Guided Walk: Stanley Ryder Carnivorous Plant Garden Thursday, April 23rd 2:15pm (SU) EN**

**Wilmington Orchestra "CARL ORFF'S CARMINA BURANA" Saturday, April 25th 6:45pm (SU)**

**Brazilian Snacks & Treats w/ Angela Monday, April 27th 3:00pm (SU)PR**

**Capoeira Demo and Performance Tuesday, April 28th 7:00pm (SU)FC** \*National sport of Brazil

**Volunteers of Brightmore Party Wednesday, April 29th 2:00pm (SU)FC** \*Invited volunteers

**Tour: Port of Wilmington Thursday April 30th 1:00 (SU) EN** \*Copy of drivers license prior to trip required.

**Fast Food Friday(s) (SU)EN 12:00pm Friday, April 3rd** **On Thyme** \*Friday, April 10th

**City BBQ Friday, April 17th** **Henry's Friday, April 24** **Queens Mediterranean**



Brightmore's County of the Month for April is Brazil!



# April 2026

## Brightmore of Wilmington

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<p><i>All transportation requests must be entered in the transportation book located on the first floor.</i></p> <p><i>Sign-up close at 5:00 PM the day before your scheduled trip.</i></p> <p><i>An address and appointment time are required. Depart from main entrance.</i></p> <p><b>Easter Sunday 5</b></p> <p>10:20 Grace United Methodist Church (EN)</p> <p>10:45 Pine Valley Methodist Church Pick Up (EN)</p> <p>6:00 Movie (MR)</p>	<p><b>Your activities calendar will be distributed during the last week of each month.</b></p> <p><b>The following morning, the sign-up book will be placed at the sign-up desk at 11:30 AM.</b></p>		<p><b>Passover Begins 1</b></p> <p>8:30 Total Body Fit (FC)</p> <p>9:15 W. Aerobics w/ Fran (P)</p> <p>10:00 Seated Yoga with Fran (FC)</p> <p>11:00 Functional Fitness (FC)</p> <p>2:00 Matzah &amp; Charoset (PR)</p> <p>2:00 2nd Floor Tea Party (EDR)</p> <p>3:00 Documentary (MR)</p> <p>5:00 Piano by Grace (LB)</p> <p>7:30 Fabulous Mrs. Maisel (MR)</p>	<p><b>2</b></p> <p>9:30 Cardio Warmup (FC)</p> <p>9:45 Functional Fitness (FC)</p> <p>10:30 Strength &amp; Balance (FC)</p> <p>1:00 Pine Valley Library Trip (EN)</p> <p>1:30 Meditative Movement (FC)</p> <p>3:00 Documentary (MR)</p> <p>3:00 \$1 Bingo (EDR)</p> <p>7:30 The Crown (MR)</p>	<p><b>Good Friday 3</b></p> <p>8:30 Water Aerobics (P)</p> <p>9:30 Balance with Norman (FC)</p> <p>10:30 Mindful Stretching - Seated (FC)</p> <p>10:30 Brazil Talk &amp; Slideshow (CH)</p> <p>11:00 Hearing Life (CH)</p> <p>12:00 Fast Food Friday (EN)</p> <p>3:00 Rosary &amp; Way of the Cross (CH)</p> <p>4:00 Happy Hour (PR)</p> <p>7:30 Movie (MR)</p>	<p><b>4</b></p> <p>9:30 Play Outside Day! (CRTY)</p> <p>10:30 Cardio Warmup (FC)</p> <p>10:45 Strength &amp; Balance (FC)</p> <p>11:15 Mindful Stretching - Seated (FC)</p> <p>7:30 Movie (MR)</p>	
	<p><b>12</b></p> <p>10:20 Grace United Methodist Church (EN)</p> <p>10:45 Pine Valley Methodist Church Pick Up (EN)</p> <p>6:00 Movie (MR)</p>	<p><b>Easter Monday 6</b></p> <p>8:30 Functional Fitness (FC)</p> <p>9:00 Mindful Stretching (FC)</p> <p>9:00 W. Aerobics w/ Tonya (P)</p> <p>10:30 Circuit Training (FC)</p> <p>3:00 Documentary (MR)</p> <p>7:30 Movie (MR)</p>	<p><b>7</b></p> <p>9:30 Rhythm &amp; Strength with Aubrey (FC)</p> <p>11:30 Paws for People (FC)</p> <p>1:30 Strength &amp; Balance (FC)</p> <p>3:00 Documentary (MR)</p>	<p><b>8</b></p> <p>8:30 Total Body Fit (FC)</p> <p>9:15 W. Aerobics w/ Fran (P)</p> <p>10:00 Seated Yoga with Fran (FC)</p> <p>10:00 Try It: Empanadas (PR)</p> <p>11:00 Functional Fitness (FC)</p> <p>1:30 Food Committee (CH)</p> <p>3:00 Documentary (MR)</p> <p>7:30 Fabulous Mrs. Maisel (MR)</p>	<p><b>9</b></p> <p>9:30 Cardio Warmup (FC)</p> <p>9:45 Functional Fitness (FC)</p> <p>10:30 Strength &amp; Balance (FC)</p> <p>1:30 Meditative Movement (FC)</p> <p>2:00 Lemonada Suica (PR)</p> <p>3:00 Documentary (MR)</p> <p>7:00 Thalian Theater Trip (EN)</p> <p>7:30 The Crown (MR)</p>	<p><b>10</b></p> <p>8:30 Water Aerobics (P)</p> <p>9:30 Balance with Norman (FC)</p> <p>10:30 Mindful Stretching - Seated (FC)</p> <p>12:00 Fast Food Friday (EN)</p> <p>4:00 Happy Hour (PR)</p> <p>7:30 Movie (MR)</p>	<p><b>11</b></p> <p>10:30 Cardio Warmup (FC)</p> <p>10:45 Strength &amp; Balance (FC)</p> <p>11:15 Mindful Stretching - Seated (FC)</p> <p>2:00 Dale Cinski Performance (FC)</p> <p>7:30 Movie (MR)</p>
	<p><b>19</b></p> <p>10:20 Grace United Methodist Church (EN)</p> <p>10:45 Pine Valley Methodist Church Pick Up (EN)</p> <p>6:00 Movie (MR)</p>	<p><b>13</b></p> <p>8:30 Functional Fitness (FC)</p> <p>9:00 Mindful Stretching (FC)</p> <p>9:00 W. Aerobics w/ Tonya (P)</p> <p>10:30 Circuit Training (FC)</p> <p>3:00 Documentary (MR)</p> <p>7:30 Movie (MR)</p>	<p><b>14</b></p> <p>9:30 Rhythm &amp; Strength with Aubrey (FC)</p> <p>10:30 Art w/ Mitzy (AR)</p> <p>1:30 Strength &amp; Balance (FC)</p> <p>2:00 Tech help w/ Renee (RA)</p> <p>2:30 Line Dancing!! (FC)</p> <p>3:00 Documentary (MR)</p>	<p><b>15</b></p> <p>8:30 Total Body Fit (FC)</p> <p>9:15 W. Aerobics w/ Fran (P)</p> <p>10:00 Seated Yoga with Fran (FC)</p> <p>11:00 Functional Fitness (FC)</p> <p>11:00 Historical Story Telling (CH)</p> <p>2:00 Book Club (CH)</p> <p>3:00 Documentary (MR)</p> <p>3:00 Prize Bingo (FC)</p> <p>7:30 Fabulous Mrs. Maisel (MR)</p>	<p><b>16</b></p> <p>9:30 Cardio Warmup (FC)</p> <p>9:45 Functional Fitness (FC)</p> <p>10:30 Strength &amp; Balance (FC)</p> <p>1:30 Meditative Movement (FC)</p> <p>1:30 Flytrap Talk (CH)</p> <p>3:00 Documentary (MR)</p> <p>3:00 \$1 Bingo (EDR)</p> <p>3:00 Resident Advisory Meeting (CH)</p> <p>7:30 The Crown (MR)</p> <p>10:30 Friends School 1st Graders (PR)</p>	<p><b>17</b></p> <p>8:30 Water Aerobics (P)</p> <p>9:30 Balance with Norman (FC)</p> <p>9:45 Pet Therapy Visits (RA)</p> <p>10:30 Devotional (CH)</p> <p>10:30 Mindful Stretching - Seated (FC)</p> <p>12:00 Fast Food Friday (EN)</p> <p>2:30 Newcomers/Birthday Party (DR)</p> <p>4:00 Happy Hour (PR)</p> <p>7:30 Movie (MR)</p>	<p><b>18</b></p> <p>10:30 Cardio Warmup (FC)</p> <p>10:45 Strength &amp; Balance (FC)</p> <p>11:15 Mindful Stretching - Seated (FC)</p> <p>7:30 Movie (MR)</p>
	<p><b>26</b></p> <p>10:20 Grace United Methodist Church (EN)</p> <p>10:45 Pine Valley Methodist Church Pick Up (EN)</p> <p>6:00 Movie (MR)</p>	<p><b>20</b></p> <p>8:30 Functional Fitness (FC)</p> <p>9:00 Mindful Stretching (FC)</p> <p>9:00 W. Aerobics w/ Tonya (P)</p> <p>10:30 Circuit Training (FC)</p> <p>3:00 Documentary (MR)</p> <p>7:30 Movie (MR)</p>	<p><b>21</b></p> <p>9:30 Rhythm &amp; Strength with Aubrey (FC)</p> <p>12:30 Ladies Club Lunch (EDR)</p> <p>1:30 Strength &amp; Balance (FC)</p> <p>2:00 Crafting with Lisa (EDR)</p> <p>2:30 Putting (PG)</p> <p>3:00 Documentary (MR)</p>	<p><b>22</b></p> <p>8:30 Total Body Fit (FC)</p> <p>9:15 W. Aerobics w/ Fran (P)</p> <p>10:00 Seated Yoga with Fran (FC)</p> <p>11:00 Functional Fitness (FC)</p> <p>11:00 Sea Glass Craft (EDR)</p> <p>12:30 Men's Club (EDR)</p> <p>3:00 Documentary (MR)</p> <p>7:30 Fabulous Mrs. Maisel (MR)</p>	<p><b>23</b></p> <p>9:30 Cardio Warmup (FC)</p> <p>9:45 Functional Fitness (FC)</p> <p>10:30 Strength &amp; Balance (FC)</p> <p>1:30 Meditative Movement (FC)</p> <p>2:15 Flytrap Walk (EN)</p> <p>3:00 Documentary (MR)</p> <p>7:30 The Crown (MR)</p>	<p><b>24</b></p> <p>8:30 Water Aerobics (P)</p> <p>9:30 Balance with Norman (FC)</p> <p>10:30 Mindful Stretching - Seated (FC)</p> <p>12:00 Fast Food Friday (EN)</p> <p>4:00 Happy Hour (PR)</p> <p>7:30 Movie (MR)</p>	<p><b>25</b></p> <p>10:30 Cardio Warmup (FC)</p> <p>10:45 Strength &amp; Balance (FC)</p> <p>11:15 Mindful Stretching - Seated (FC)</p> <p>6:45 Wilmington Orchestra (EN)</p> <p>7:30 Movie (MR)</p>
	<p><b>29</b></p> <p>8:30 Total Body Fit (FC)</p> <p>9:15 W. Aerobics w/ Fran (P)</p> <p>10:00 Seated Yoga with Fran (FC)</p> <p>11:00 Functional Fitness (FC)</p> <p>2:00 Volunteers of Brightmore Party (FC)</p> <p>3:00 Documentary (MR)</p> <p>7:30 Fabulous Mrs. Maisel (MR)</p>	<p><b>27</b></p> <p>8:30 Functional Fitness (FC)</p> <p>9:00 Mindful Stretching (FC)</p> <p>9:00 W. Aerobics w/ Tonya (P)</p> <p>10:30 Circuit Training (FC)</p> <p>3:00 Documentary (MR)</p> <p>3:00 Brazilian Snacks &amp; Treats (PR)</p> <p>7:30 Movie (MR)</p>	<p><b>28</b></p> <p>9:30 Rhythm &amp; Strength with Aubrey (FC)</p> <p>10:30 Chiropractor Talk (CH)</p> <p>1:30 Strength &amp; Balance (FC)</p> <p>3:00 Documentary (MR)</p> <p>7:00 Copoeira Demo (FC)</p>	<p><b>30</b></p> <p>9:30 Cardio Warmup (FC)</p> <p>9:45 Functional Fitness (FC)</p> <p>10:30 Strength &amp; Balance (FC)</p> <p>1:00 Port of Wilmington Tour (EN)</p> <p>1:30 Meditative Movement (FC)</p> <p>3:00 Documentary (MR)</p> <p>7:30 The Crown (MR)</p>	<p><b>Locations Legend</b></p> <p>Fitness Center (FC)</p> <p>Media Room (MR)</p> <p>Entrance (EN)</p> <p>Pool (P)</p> <p>Chapel (CH)</p> <p>Parlor (PR)</p> <p>Extended dining room (EDR)</p> <p>Resident Apartment (RA)</p> <p>Lobby (LB)</p> <p>Courtyard (CRTY)</p> <p>Activity Room (AR)</p> <p>Dining Room (DR)</p> <p>Putting Green (PG)</p>		