Arts & Crafts, Games, Studies & Dance

"Crafting for a Cause" Craft Afternoon *Monday, August 6th at 3:00 pm in the Fitness Center.* ***Sign up***
"PIZZA Lunch" $Dollar$ Bingo *Wednesday, August 15th at 12:30 pm in the Fitness Center.* Enjoy a pizza lunch while playing BINGO! ***Sign Up (cost is $3.00)***
"Prize" Bingo *Wednesday, August 29th at 3:00 pm in the FC.*
The Great Courses Educational Group DVD Study, "American Military History" Series *Session 2 on Monday, August 20th and Session 3 on Monday, August 27th from 3-4:00 pm in the Media Room.* ***SU***
Wii Bowling *Tuesday, August 21st at 2:00 pm in the Fitness Center.* ***Sign Up***
Line Dancing *Tuesday, August 21st at 3:30 pm in the Fitness Center.* ***Sign Up (Please pay Madeline $5.00 by the Friday before. *If 12 sign up and pay, the class is FREE!)***
"Cooking with Lisa": Homemade Hummus *Tuesday, August 28th at 2:30 pm in the Activity Office.* ***Sign Up (5 seats available)***

Entertainment, Celebrating & Socializing

August Birthday Party and Resident Wine & Cheese Newcomers' Social *Friday, August 31st at 2:30 pm in the Dining Room.* Join us as we celebrate August Birthdays and introduce & welcome the newest residents of Brightmore! Entertainment will be provided by Jerry Powell!

Speakers, Trips & Outings

Learn about "Ocean Cure" and Sr. Beach Day with Kevin Murphy *Tuesday, August 7th at 2:30 pm in the Chapel.* ***Sign Up***
"CapTel" Caption Telephone Seminar with Kim Calabretta with the NC Division of Services for the Deaf and the Hard of Hearing *Tuesday, August 13th at 2:00 pm in the Chapel.* ***SU***
Movie Outing to The Pointe 14 Cinemas *Tuesday, August 14th leaving at 12:30 or 1:00 pm. Look for more information to come.* ***Sign Up (14 seats/$5.00 movie cost)***
Lunch Outing to Indochine "2017 Best of Wilmington Winner" Authentic Thai Restaurant *Wednesday, August 22nd leaving at 11:15 am from the Entrance.* ***Sign Up (13 seats available)***

***Mark Your Calendars...Brightmore Resident Association Meeting** *Thursday, August 16th at 7:00 pm in the Fitness Center.* All residents are invited to the quarterly association meeting to be updated on what's going on around Brightmore. Reports will be given by the Director, Food Service Director, Activity Director and Wellness Director.

August Movie Matinee

"The Leisure Seeker" *Friday, August 3rd at 2:00 pm in the Fitness Center.* Starring Academy Award-winner Helen Mirren and two-time Golden Globe-winner Donald Sutherland as a runaway couple going on an unforgettable journey in the faithful old RV they call The Leisure Seeker, travelling from Boston to The Ernest Hemingway Home in Key West. They recapture their passion for life and their love for each other on a road trip that provides revelation and surprise right up to the very end. (*2017,R, 1 hour & 52 minutes).* ***Sign Up***

August Wellness Corner

Senior Beach Day is right around the Corner! Mark Your Calendars for August 9,2018, 10-2pm for a fun-filled relaxing day at Carolina Beach! Come join us to put your feet in the sand, and watch the waves roll in front of you! There is nothing better than the bright sun and salty air! *Ocean Cure* the organization that helps put this on for us, will be here talking about their programs & encouraging residents to join us at the beach! They will be speaking on August 7th.
Night Yoga will also be back in session this month, on August 30th. Join us in the fitness center for a night of gentle stretching and relaxation; taught from Brightmore's Instructor Annette Crumpton. This is a seated Chair Yoga & Stretch, but if you want to bring a Yoga mat and do the class, you may!

Brightmore
Wilmington's Preferred Retirement Community
2324 South 41st St, Wilmington, NC 28403
(910) 350-1980
www.brightmoreofwilmington.com

August 2018

Special Events in August

Award-Winning Southern Gospel sensation "Gold City" in Concert at Pine Valley Baptist Church

Wednesday, August 1st leaving at 6:30 pm *Sign Up* *(Free Concert/ Love Offering received)*

"Sunny Senior Beach Day" at the Carolina Beach Boardwalk w/Ocean Cure

Thursday, August 9th from 10:00 am-2:00 pm, leaving at 9:30 am from the Entrance *Sign Up*
Enjoy a day of sun on your face, sand on your toes, a cool swim in the ocean, shell collecting and/or a stroll on the beach! Don't miss this annual outing before beach season is over! Feel free to grab a donut from Britt's or Ice Cream on the Boardwalk! ***Sign Up***

Brightmore Men's Group Trip to the Point for Lunch at Tavern on 17 and a Summer Movie at the Point 14

Friday, August 10th leaving from the Entrance at 11:00 am. *Sign Up (Please give movie suggestions to Lisa prior to outing.)*

Brightmore Ladies Group Bus Tour of our Wilmington, NC Port and Lunch at Il Forno Pizzeria at the Point

Thursday, August 16th leaving from the Entrance at 9:30 am. *Sign Up (You must provide a copy of a NCDL or NCID to Lisa by Monday, August 13th to be admitted on NC Port Property/you must also bring that ID with you to show in person before tour starts)*

Thalian Performing Arts presents "Steel Magnolias" at the Cape Fear Academy Arts Center

Sunday, August 12th leaving from the Entrance at 2:15. *Sign Up by Friday, August 3rd (Cost of Tickets $20.00 per person due to Lisa by Friday, Aug. 3rd/14 seats available)*

"Explore. Discover. Enjoy" Tour The Fort Fisher Aquarium

Friday, August 17th leaving at 1:30 pm from the Entrance. Make connections with the natural world at the North Carolina Aquarium at Fort Fisher. Look at all the beautiful fish, amphibian life, look an albino alligator in the eye and watch the divers feed the shark and stingrays! After your self-guided tour and trip to the gift shop, enjoy an ice cream or cold drink on the deck. ***Sign Up (Sr. Cost $11.95)***

"Seas the Daze!" Wrightsville Beach Museum of History's 22nd Lumina Daze at the Blockade Runner Wrightsville Beach

Sunday, August 26th 5-8:00 pm, leaving from the Entrance at 4:45 pm. Do you like to dance? Love Music? Treasure good times at our beach? Enjoy dancing under the stars? Then you'll love this yearly celebration of great music provided by the Wilmington Big Band, Dixieland All-Stars, and Beach Music! Food, drinks and silent auction are also a part of this event! ***Sign Up (15 Free Tickets available/seats will be confirmed)***

August 2018

Abbreviations

CH Chapel
CR Card /Activity Room
EN Entrance/Main Lobby
FC Fitness Center
SR-2 Sunroom 2nd Fl
SR-3 Sunroom 3rd Fl
TV-2 Media Room 1st Fl
DR Dining Room
Ind Act. Independent Activity
LIBR Library
BLR Billiards Room 2nd Fl
PR Parlor
GH Greenhouse
CH 1395 Community Channel
SU Sign Up
rsvd Reserved
AO Activity Office/2nd Floor

Resident Birthdays!

Merle Brown
August 8th
Peggy Utterback
August 11th
Joanne "Jo" Cressman
August 11th
Ruby Chadwick
August 11th
Brian Scott
August 11th
Carolyn Nix
August 13th
Tommie Thompson
August 13th
Michel Chertier
August 22nd
Tom Johannson
August 28th
Ellen Tennille
August 30th

August Employee Birthdays

Christine Campbell , Dining Room Supervisor
August 9th
Lena Stein, Front Desk Receptionist August 15th
Baily Murray, Dietary
August 20th
Jackie Eason, Front Desk Receptionist August 23rd
Lisa Sherrill , Activity Director
August 23rd
Fred Detterman, Transportation
August 24th

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Your calendar is created to provide you with a variety of activities based around the four components of our Brightmore lifestyle: *Intellectual* *Physical* *Social* *Spiritual*		**NEW… Q&A Breakfast with the Director, Georgia Blankenship, the 2nd Tuesday of every month at 9:00-10:00 am in the Dining Room** ***This month Aug. 14th**	1 **9:00 Medical Appt.** EN **10:00 Catholic Comm.** CH **10-1:00 Kempton Bake Sale for Alzheimer's NC (walk over)** **1-4:00 Med./Personal** EN 1:15-2:30 Needlework Group CR 1:30 SR2#2/SR3#1 (rsvd) 6:00 Pokeno CR (reserved) **6:30 "Gold City" Concert at PVUMC (sign up) EN** **7:15 Media Room Movie** MR	2 **9:00 Med./Han. Cnt./LL Mall/HT** EN **9:00 Breakfast Biscuits PR** 1:25 Bridge (SU-rsvd.) CR 6:00 Canasta CR (rsvsd)	3 **9:00 Medical/Personal** EN 12:00 SR-2#2 (rsvd) 1:00 Pokeno CR 1:30 SR-3#1 (rsvd) **2:00 August Movie Matinee "The Leisure Seeker" (sign up) FC** **4:00 Resident "BYOD" Social PR** 8:00 Movie CH 1395	4 1:30 SR-3#1(rsvd) 1:30/2:00 Canasta CR (rsvd) 8:00 Movie CH 1395
5 **10:45 Pine Valley UMC Service** (sign up) EN 1:30 SR3#1 (rsvd) 2:00 CR (rsvd) 8:00 Movie CH 1395	6 **9:00 Med./Wal-Mart** EN **1-4:00 Medical Appt.** EN 1:30 Canasta (rsvd.) CR **3:00 Craft Afternoon (sign up) FC** 6:00 Scrabble/CR (rsvd) 8:00 Movie CH 1395	7 **9:00 Medical Appt.** EN **1-4:00 Med./Personal** EN 1:30 Canasta (rsvd.) CR 1:30 CR/SR-2#2/SR-3#1 (rsvd) **2:30 Come Learn about "Ocean Cure" & Sr. Beach Day with Kevin (sign up) CH** **7:15 Tuesday Chapel Service** CH	8 **9:00 Medical Appt.** EN **10:00 Catholic Comm.** CH **1-4:00 Med./Personal** EN 1:15-2:30 Needlework Group CR 1:30 SR2#2/SR3#1 (rsvd) 6:00 Pokeno CR (reserved) **7:15 Media Room Movie** MR-	9 **9:00 Med./Han. Cnt./LL Mall/HT** EN **9:00 Breakfast Biscuits PR** **10:00-2:00 pm Sr. Beach Day at the Carolina beach Board-walk & Ocean Cure! (sign up) EN** 1:25 Bridge (SU-rsvd.) CR 6:00 Canasta CR (rsvsd)	10 **9:00 Medical/Personal** EN **11:00 Men's Group to Lunch at Tavern 17 & Summer movie at the Point 14 Theater (sign up/14 seats/ Movie & lunch cost on you) EN** 12:00 SR-2#2 (rsvd) 1:00 Pokeno CR 1:30 SR-3#1 (rsvd) **4:00 Resident "BYOD" Social PR** 8:00 Movie CH 1395	11 1:30 SR-3#1(rsvd) 1:30/2:00 Canasta CR (rsvd) 2-4:00 Fitness Center (rsvd) 8:00 Movie CH 1395
12 **10:45 Pine Valley UMC Service** (sign up) EN 1:30 SR3#1 (rsvd) 2:00 CR (rsvd) **2:15 Thalian presents "Steel Magnolias" at Cape Fear Academy** (sign up/14 seats/ $20 tickets due by Aug. 3)EN 8:00 Movie CH 1395	13 **9:00 Med./Wal-Mart** EN **1-4:00 Medical Appt.** EN 1:30 Canasta (rsvd.) CR **2:00 Captel NC Seminar on Caption Telephones with Kim Calabretta (sign up) CH** 6:00 Scrabble/CR (rsvd) 8:00 Movie CH 1395	14 **9:00 Medical Appt.** EN **9:00 *NEW…Q&A* Breakfast with the Director** DR **10:00 Food Comm. Mtg.** CH **12:30/1:00 Movie Outing to The Point 14 (sign up/14 seats/$5) EN** **1-4:00 Med./Personal** EN 1:30 Canasta (rsvd.) CR 1:30 CR/SR-2#2/SR-3#1 (rsvd) **3:00Care-o-lina Hearing (sign up) CH** **7:15 Tuesday Chapel Service** CH	15 **9:00 Medical Appt.** EN **10:00 Catholic Comm.** CH 12:00 Ext. DR (reserved) **12:30 "Pizza" Lunch $Dollar$ BINGO (sign up/$3.00) FC** **1-4:00 Med./Personal** EN 1:30 SR2#2/SR3#1 (rsvd) 1:15-2:30 Needlework Group CR 6:00 Pokeno CR (reserved) **7:15 Media Room Movie** MR-1st	16 **9:00 Med./Han. Cnt./LL Mall/HT** EN **9:00 Breakfast Biscuits PR** **9:30 Ladies Group Trip to the NC Wilmington Ports & Lunch at IlForno Pizzeria (sign up/lunch cost on you) EN** 1:25 Bridge (SU-rsvd.) CR 1:30 SR-3#1/SR3#1 (rsvd) **3:00 Episcopal Service CH** 6:00 Canasta CR (rsvd) **7:00 Resident Assoc. Mtg. FC**	17 **9:00 Medical/Personal** EN 12:00 SR-2#2 (rsvd)/12:30 Ext. DR (rsvd) 1:00 Pokeno CR/1:30 SR-3#1(rsvd) **1:30 Trip to the Fort Fisher Aquarium (sign up/$11.95) EN** **4:00 Resident "BYOD" Social PR** 8:00 Movie CH 1395	18 1:30 SR-3#1(rsvd) 1:30/2:00 Canasta CR (rsvd) 8:00 Movie CH 1395
19 **10:45 Pine Valley UMC Service** (sign up) EN 1:30 SR3#1 (rsvd) 2:00 CR (rsvd) 8:00 Movie CH 1395	20 **9:00 Med./Wal-Mart EN** **1-4:00 Medical Appt. EN** 1:30 Canasta (rsvd.) CR **3-4:00 The Great Course "American Military History" Session 2 (sign up) MR** 6:00 Scrabble/CR (rsvd) 8:00 Movie CH 1395	21 **9:00 Medical Appt.** EN **1-4:00 Med./Personal** EN 1:30 Canasta (rsvd.) CR 1:30 CR/SR-2#2/SR3#1 (rsvd) **2:00 Wii Bowling** (sign up) FC **3:30 Line Dancing Class (sign up/$5.00 due Friday before class to Madeline) FC** **7:15 Tuesday Chapel Service** CH	22 **9:00 Medical Appt.** EN **10:00 Catholic Comm.** CH **10:00 ALOHA Library** PR **10-11:00 Blood Pressure Checks** MR **11:15 Lunch Out to Indochine Thai Restaurant (sign up/14 seats/Lunch cost on you) EN** 12:00 Ext. DR (reserved) **1-4:00 Med./Personal** EN 1:30 SR2#2/SR3#1 (rsvd) 1:15-2:30 Needlework Group CR (rsvd) 6:00 Pokeno CR (reserved) **7:15 Media Room Movie** MR-1st floor	23 **9:00 Med./Han. Cnt./ LL Mall/HT** EN **9:00 Breakfast Biscuits PR** 1:25 Bridge (SU-rsvd.) CR 1:30 SR-3#1/SR3#1 (rsvd) 6:00 Canasta CR (rsvd)	24 **9:00 Medical/Personal** EN 12:00 SR-2#2 (rsvd)/12:30 Ext. DR (rsvd) 1:00 Pokeno CR/1:30 SR-3#1 (rsvd) **4:00 Resident "BYOD" Social PR** 8:00 Movie CH 1395	25 1:30 SR-3#1(rsvd) 1:30/2:00 Canasta CR (rsvd) 8:00 Movie CH 1395
26 **10:45 Pine Valley UMC Service** (sign up) EN 1:30 SR3#1 (rsvd) 2:00 CR (rsvd) **4:45-8:00 22nd Annual "Lumina Daze" at the Blockade Runner Wrightsville Beach (sign up/ 15 Free Tickets/Cost of dinner & drinks on you) EN** 8:00 Movie CH 1395	27 **9:00 Med./Wal-Mart EN** **1-4:00 Medical Appt. EN** 1:30 Canasta (rsvd.) CR **3-4:00 The Great Course "American Military History" Session 2 (sign up) MR** 6:00 Scrabble/CR (rsvd) 8:00 Movie CH 1395	28 **9:00 Medical Appt.** EN **1-4:00 Med./Personal** EN 1:30 Canasta (rsvd.) CR 1:30 CR/SR-2#2/SR3#1 (rsvd) **2:30 "Cooking with Lisa" (sign up/5 seats) AO** **7:15 Tuesday Chapel Service** CH	29 **9:00 Medical Appt.** EN **10:00 Catholic Comm.** CH **1-4:00 Med./Personal** EN 1:15-2:30 Needlework Group CR 1:30 SR2#2/SR3#1 (rsvd) **3:00 "Prize" BINGO FC** 6:00 Pokeno CR (reserved) **7:15 Media Room Movie** MR	30 **9:00 Med./Han. Cnt./ LL Mall/HT** EN **9:00 Breakfast Biscuits PR** 1:25 Bridge (SU-rsvd.) CR 1:30 SR-3#1/SR3#1 (rsvd) 6:00 Canasta CR (rsvd) **7:00 Night Yoga with Annette (sign up) FC**	31 **9:00 Medical/Personal** EN 12:00 SR-2#2 (rsvd)/12:30 Ext. DR (rsvd) 1:00 Pokeno CR/1:30 SR-3#1(rsvd) **2:30 End of the Month Birthday Party & Newcomers' Social with Jerry Powell DR** **4:00 Resident "BYOD" Social PR** 8:00 Movie CH 1395	

Gift Shop Hours
Monday, Wednesday & Friday
10:00 am-12:00 pm

Extra Services Provided for you at Brightmore:
Care-o-lina Hearing
every 2nd Tuesday of the month at 3:00 pm (Chapel)
Blood Pressure Checks
every 4th Wednesday of the month from 10-11:00 am (MR-1st Fl.)

YOUR STAFF

Georgia Blankenship, R.N. *Director*
Ryan McCoy *Dietary Director*
Tammy Russo Assistant Director of Dining Services
Kristin Shields *Marketing Director*
Elaine Brown *Marketing Assistant*
Marianna Stacy *Community Outreach Director*
Lena Stein *Receptionist*
Amanda Stroup *Office Manager*
Deana Martin *Environmental Service Director*
Chris Swann *Maintenance Engineer*
Frank Napoleon *Maintenance Assistant*
Lisa Sherrill *Activity Director*
Madeline Woodard *Wellness Director*
Mike Thompson *Transportation*
Fred Detterman *Transportation*

Chapel Services

***Tuesday Evening Chapel Services are held every Tuesday at 7:15 pm**

***Catholic Communion every Wednesday at 10:00 am**

***Episcopal Eucharist Service led by the Clergy of St. James Parish on the 3rd Thursday of every month**