



**NURSE APPRECIATION WEEK**

International Nurse Appreciation Week is May 6th-12th. Please say an extra "Thank You" to our awesome clinical team. We will be making cards for our nurses May 2nd at 10:30am. Please Join! Thank you Nurses!



May is Mental Health Awareness Month. Please join us on May 17th for a mindfulness/meditation class. All are welcome. Come learn about how your mental health can affect your physical health.



**May 2024**

*A Mother-*  
comes with all different names...

Aunts-who will always love, worry about and play with you

Teachers-who strive to help you, guide you and set your aim

Sisters- who know how to listen, cry and put your worries at bay

Grandmas- Love with warm cookies, hugs and prayers so you'll never stray.

Yes, a Mother does come with all kinds of names, even if you don't label yourself as a mother, we recognize your motherly impact.

Thank you, to all women for being a mother to someone's child, at some point in time.

Happy Mothers Day to YOU!

-unknown

ALL types of mothers are welcome to our Mothers Day Ladies Tea on Friday May 10th.

“We must not allow the clock and the calendar to blind us to the fact that each moment of life is a miracle and mystery.”

— H.G. Wells



April Showers Brought May Flowers

Special Events

- Thursday, May 2**  
[Card Making for Nurses Week]
- Thursday, May 2**  
[Entertainment by Scotti Stringz]
- Friday, May 3**  
[Kentucky Derby Social (with mint juleps)]
- Monday, May 6**  
[Cinco De Mayo Social]
- Tuesday, May 7**  
[Card Making for Katherine]
- Wednesday, May 8**  
[Men's Lunch]
- Thursday, May 9**  
[Chicken Salad Interactive Kitchen]
- Friday, May 10**  
[Mother's Day Ladies Tea]
- Monday, May 13**  
[New Resident Social]
- Thursday, May 16**  
[Food Committee]
- Friday, May 17**  
[Entertainment by Duke Ladd]
- Monday, May 20**  
[Resident Council]
- Tuesday, May 21**  
[Hearing Aid Cleaning]
- Tuesday, May 21**  
[Butterbean Auction]
- Friday, May 31**  
[Womens Panel]



Special Days

- Kentucky Derby* [May 4]
- Cinco De Mayo* [May 5]
- Mother's Day* [May 12]
- Memorial Day* [May 27]
- Armed Forces Day* [May 28]

**National Walking Month**  
**Mental Health Awareness Month**  
**Better Sleep Month**

Sunday Monday Tuesday Wednesday Thursday Friday Saturday



**The Kempton Staff**  
**Administrator** | *Melissa Crouch*      **Director of Nursing** | *Dani Kay*  
**Marketing/Admissions Director** | *Joanna Davis*      **Receptionist** | *Judi Dawson*  
**Office Manager** | *Jayne Figur*      **Housekeeping Supervisor** | *Lisa Groves*  
**Maintenance Director** | *Chad Pope*      **Morrison Chef Manager** | *Justin Abramsky*  
**Medical Records/ Transportation** | *Lottie Beamon*      **Activity Director** | *Katherine Tuck*

10:00 Catholic Church [CK2] **1**  
 10:00 Sit & Fit [A3]  
 11:00 Pet Therapy [R]  
 3:00 Bingo [DR1]

10:00 Exercise with Haley [A3] **2**  
 10:30 Card Making For Nurses Week (ALL Welcome) [A3]  
 11:00 Kentucky Derby Hat Decorating [A3]  
 3:00 Entertainment by Scotti Stringz [DR1]

10:00 Sit & Fit [A3] **3**  
 11:15 Pokeno [A3]  
 3:00 Kentucky Derby Social (with Mint Julep Mocktails) [DR1]

**Daily Delight Packets** **4**  
 2:30 Bingo [DR1]

**Location Key**  
 Resident Room [R]  
 Lobby [L]  
 Outing [O]  
 1st Floor Dining Room [DR1]  
 2nd Floor Country Kitchen [CK2]  
 3rd Floor Activity Room [A3]  
 Conference Room [C]

**Daily Delight Packets** **5**  
 3:00 Church Service [A3]

10:00 Sit & Fit [A3] **6**  
 11:15 Card Bingo [A3]  
 3:00 Cinco De Mayo Social [DR1]

10:00 Exercise with Haley [A3] **7**  
 11:15 Uno [A3]  
 2:00 Card Making Class (Get Well Cards for Katherine) [A3]  
 3:30 Afternoon Movie [A3]

10:00 Catholic Church [CK2] **8**  
 10:00 Sit & Fit [A3]  
 11:00 Pet Therapy [R]  
 12:30 Men's Lunch [CK2]  
 3:00 Bingo [DR1]

10:00 Exercise with Haley [A3] **9**  
 11:00 Chicken Salad Interactive Kitchen [CK2]  
 3:00 Flower Arranging Class [A3]

10:00 Sit & Fit [A3] **10**  
 11:15 Pokeno [A3]  
 3:00 Mother's Day Ladies Tea [A3]

**Daily Delight Packets** **11**  
 2:30 Saturday Movie [A3]



**Daily Delight Packets** **12**  
**Mother's Day**  
 3:00 Church Service [A3]

10:00 Sit & Fit [A3] **13**  
 11:15 Card Bingo [A3]  
 3:00 New Resident Social [DR1]

10:00 Exercise [A3] **14**  
 11:15 Uno [A3]  
 3:30 Afternoon Movie [A3]

10:00 Catholic Church [CK2] **15**  
 10:00 Exercise [A3]  
 11:00 Pet Therapy [R]  
 3:00 Bingo [DR1]

10:00 Exercise with Haley [A3] **16**  
 11:00 Painting with Haley [A3]  
 3:00 Food Committee [CK2]

10:00 Meditation with Haley [A3] **17**  
 11:15 Pokeno [A3]  
 2:30 Duke Ladd Musical Performance [DR1]

**Daily Delight Packets** **18**  
 2:30 Bingo [DR1]

**Resident Birthdays**  
 Megan Hildebrand [5/3]  
 Mary Jackson [5/8]  
 Lynn Isbell [5/12]  
 Mary McCarthy [5/19]  
 Elizabeth Guffee [5/20]  
 Barbara McEvoy [5/21]

**Daily Delight Packets** **19**  
 3:00 Church Service [A3]

10:00 Sit & Fit [A3] **20**  
 11:15 Card Bingo [A3]  
 3:00 Resident Council [CK2]

10:00 Exercise with Haley [A3] **21**  
 11:00 Brain Games with Haley [A3]  
 2:00 Hearing Aid Cleaning [C]  
 3:00 Butterbean Auction [A3]

10:00 Catholic Church [CK2] **22**  
 10:00 Sit & Fit [A3]  
 3:00 Bingo [DR1]

10:00 Exercise [A3] **23**  
 10:30 CORE Library Visit [L]  
 11:15 Uno [A3]  
 3:30 Afternoon Movie [A3]

10:00 Sit & Fit [A3] **24**  
 11:15 Pokeno [A3]  
 3:00 Entertainment [DR1]

**Daily Delight Packets** **25**  
 2:30 Saturday Movie [A3]

**Daily Delight Packets** **26**  
 3:00 Church Service [A3]

**Memorial Day** **27**  
 10:00 Sit & Fit [A3]  
 11:15 Card Bingo [A3]  
 3:00 Popsicles on the Porch

10:00 Exercise [A3] **28**  
 11:15 Uno [A3]  
 3:30 Afternoon Movie [A3]

10:00 Catholic Church [CK2] **29**  
 10:00 Sit & Fit [A3]  
 3:00 Bingo [DR1]  
 4:00 Front Porch Trivia

10:00 Exercise [A3] **30**  
 11:15 Ladder Ball [A3]  
 3:00 Musical Memory Lane [A3]

10:00 Sit & Fit [A3] **31**  
 11:15 Pokeno [A3]  
 3:00 Women's Panel [DR1]

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 — H.G. Wells

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